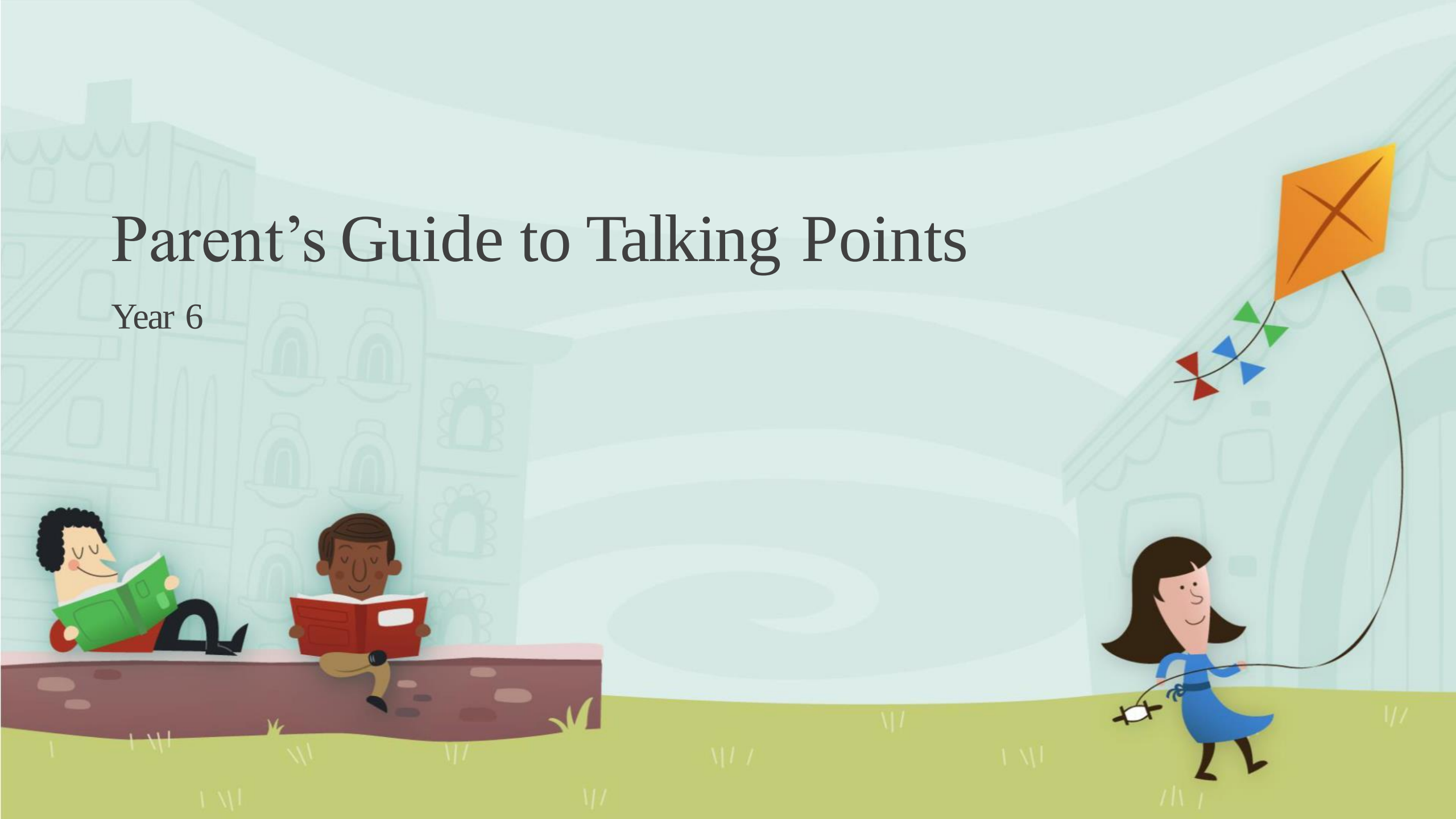


Parent's Guide to Talking Points

Year 6



What is Talking Points?

- Talking Points is a scheme of work that covers the DfE Guidance for their new Physical Health, Mental Wellbeing and Relationships Education for Primary Schools. This is a compulsory guidance document for schools.
- Talking Points uses children's picture books to start age appropriate discussions with children about the topics needed to be covered.
- Children are encouraged to take part in discussions and activities which include other groups of pupils, grown ups at home and parts of the community.
- Talking Points also aims to encourage a love of reading and to increase vocabulary understanding.
- It has been written by a currently serving Headteacher with a psychology background.



Year 6 Talking Points

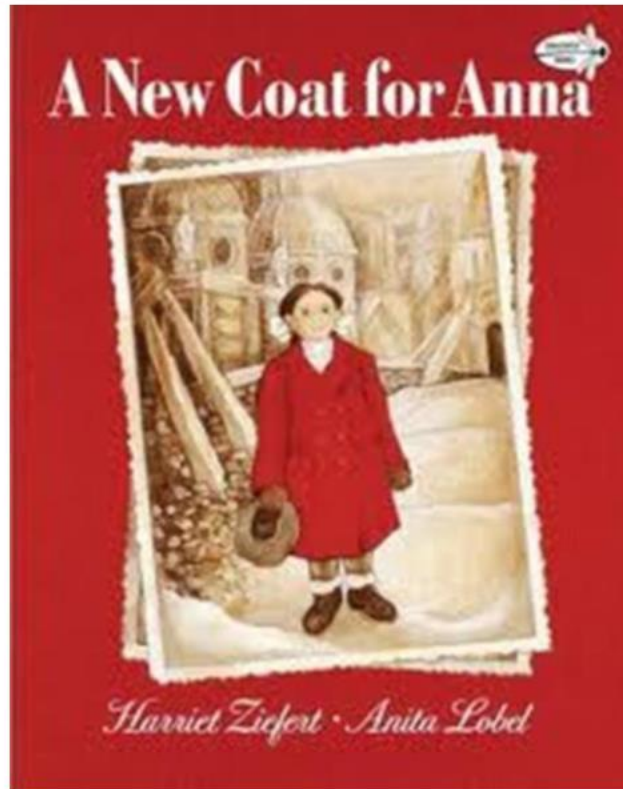
How do	Talking Point	Strand	Page
1	How should I manage my money?	Looking after me	
2	How do drugs damage my health?	Looking after me	
3	What affects my mental health?	Looking after me	
4	Will sad things happen to me?	Understanding me	
5	How do I break a habit?	Looking after me	
6	Should I give in to peer pressure?	Understanding others	
7	Should I send/post something I'm not comfortable with?	Looking after me	
8	What if I get dared?	Looking after me	
9	If it happens all the time, does it mean its right?	Understanding groups	



Year 6 Talking Points

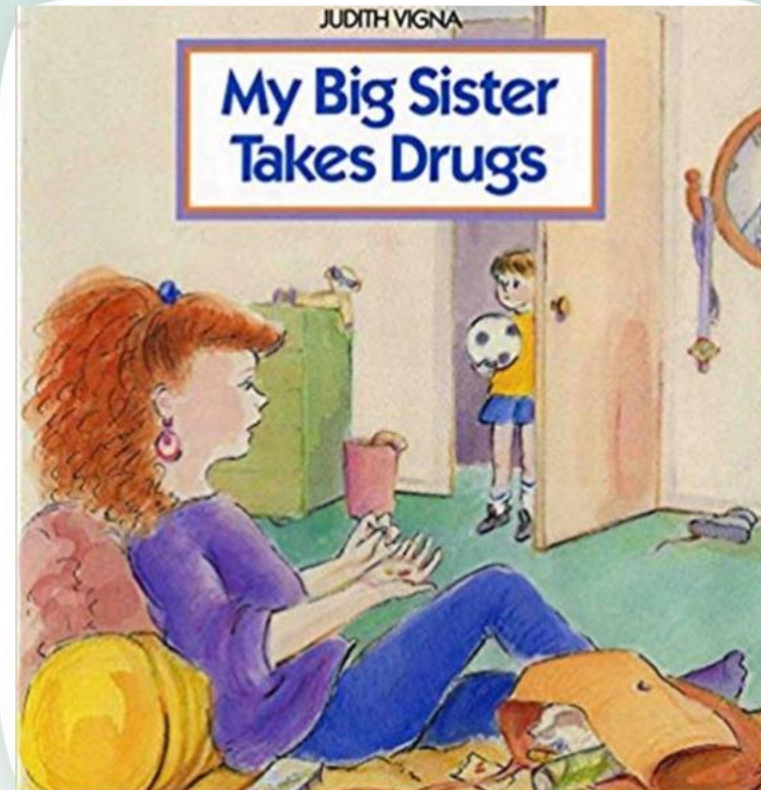
	Talking Point	Strand	Page
12	How do we look after ourselves?	Looking after me	
13	Are images in the media real?	Looking after me	
14	Should I trust the media?	Looking after me	
15	Should I join in an argument?	Looking after me	
16	Am I a cyber bully?	Understanding others	
17	Have I trolled someone?	Understanding others	
18	What sort of person shall I be?	Understanding me	





A look at budgeting and how to manage money

The books



Looking at the effects of drinking, smoking and prescription drugs on our bodies and the effects on others in our lives





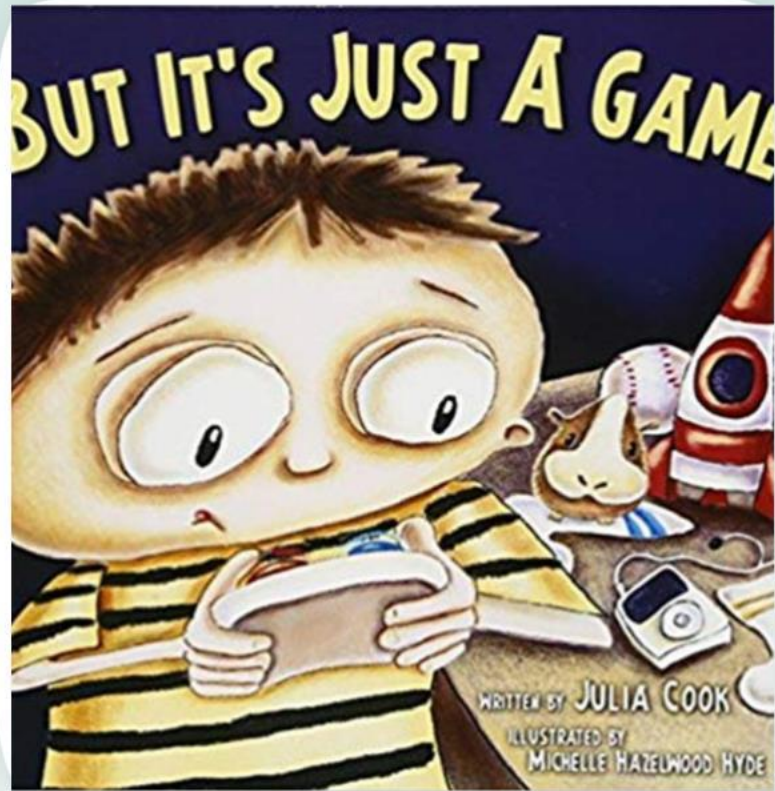
Discussions around mental health and what to do if you are worried about your own mental health



Work around grief and sadness in life, how to deal with this and the impact of worrying



The books



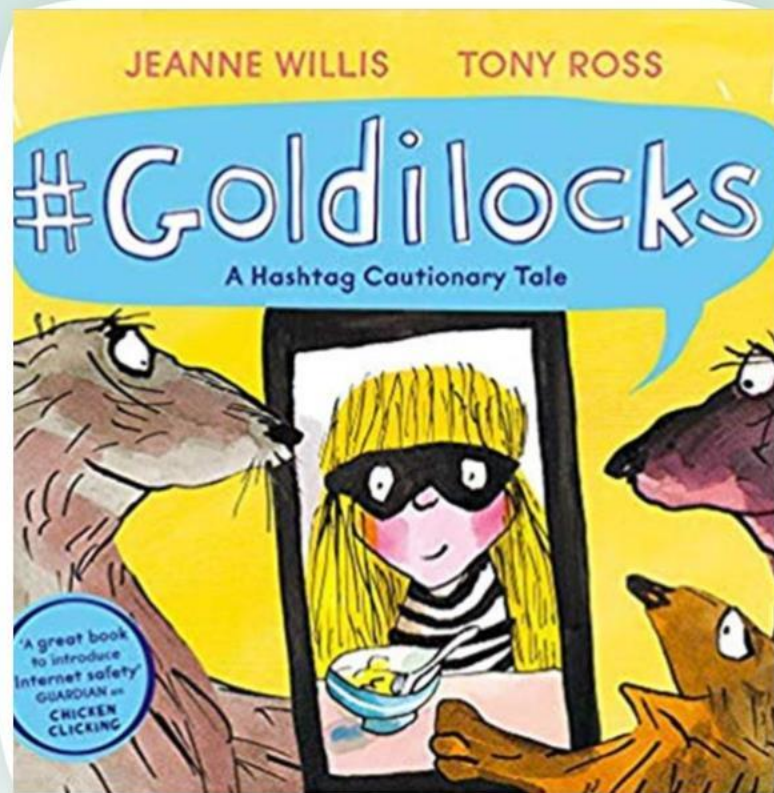
A piece of work around habits and breaking habits with a particular focus on computers and being online



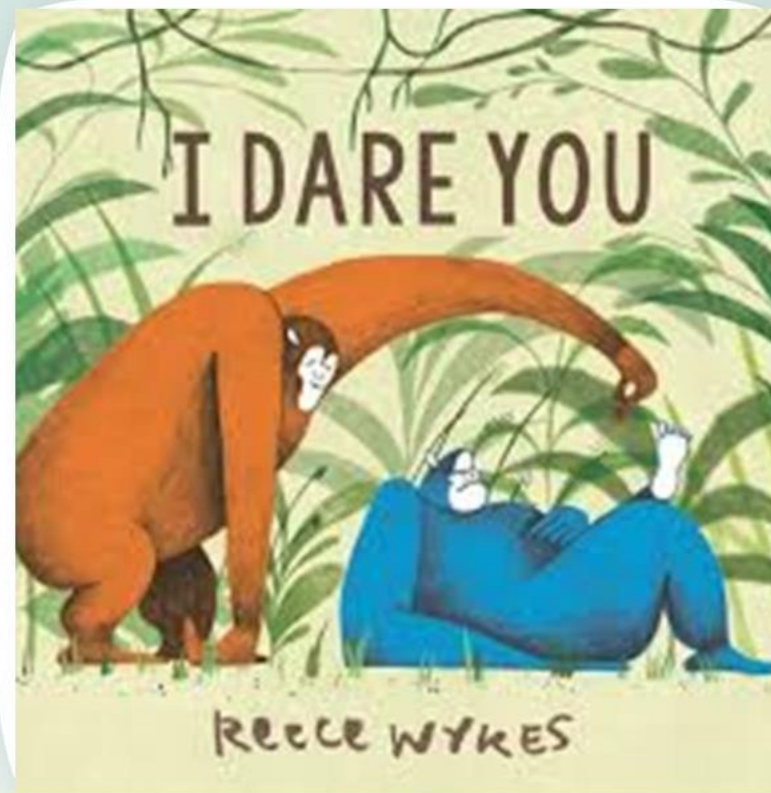
A return to peer pressure and being yourself instead of being what others may want you to be



The books



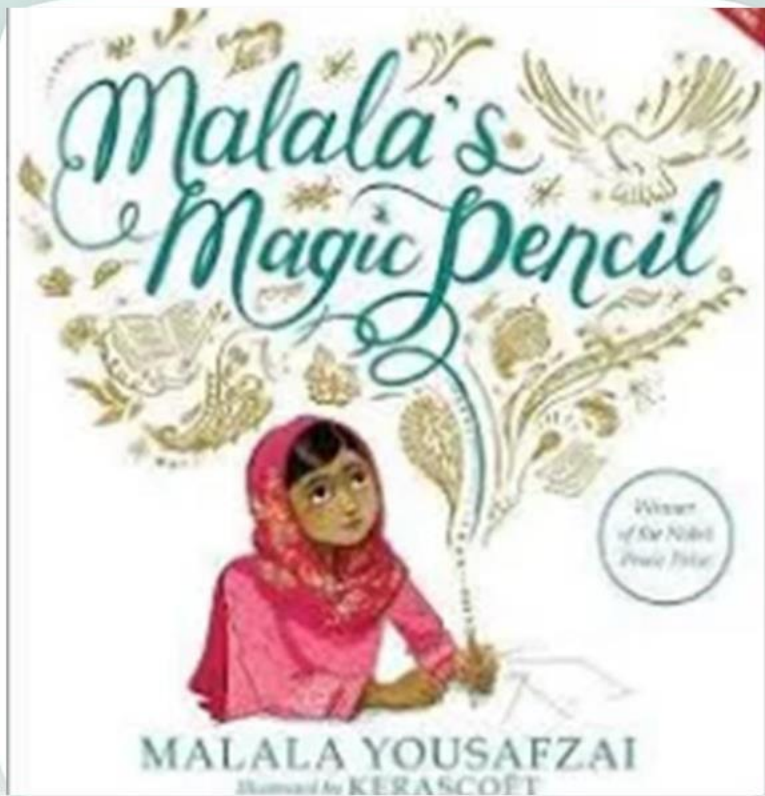
Looking at the dangers of
sending/posting things online



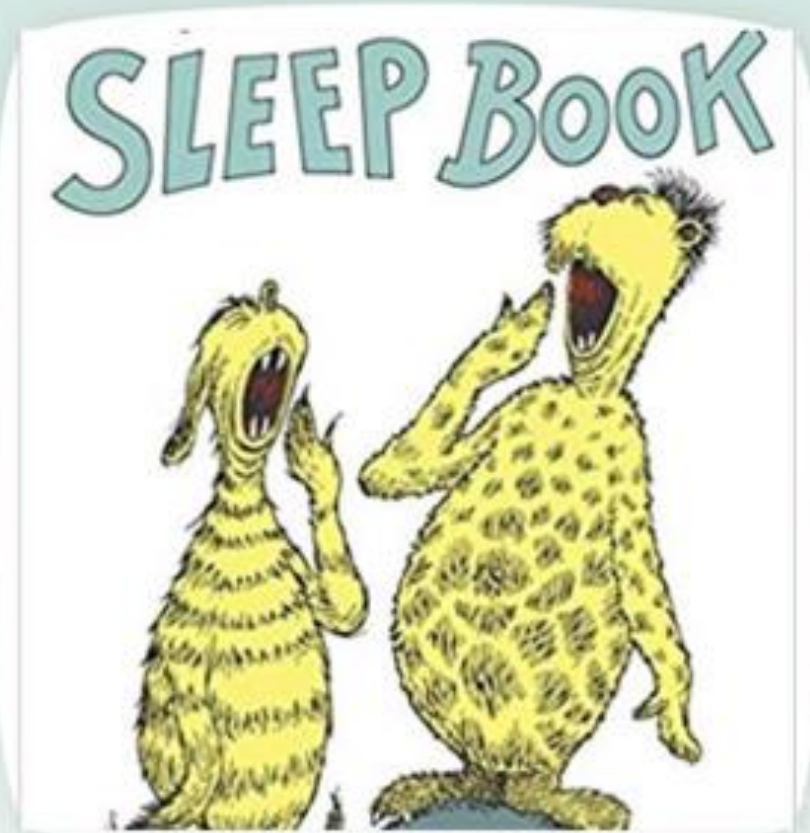
Children to learn about what to
do if someone dares them and its
links to peer pressure



The books



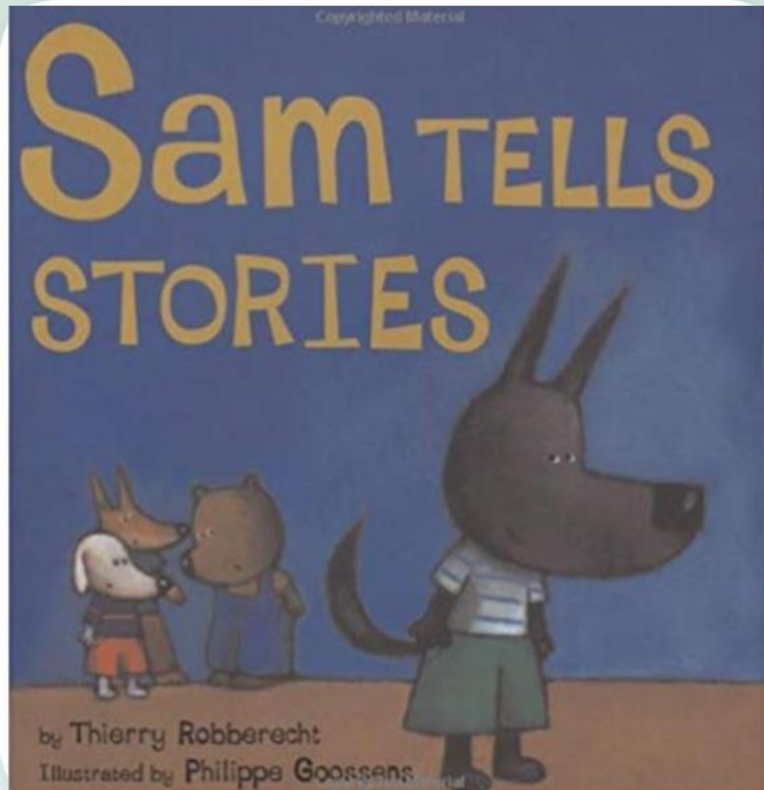
Understanding of the term 'morally wrong' and how speaking out about injustice may stop it happening



A return to looking after ourselves with a focus on getting the right amount of sleep and having a bedtime routine for ourselves

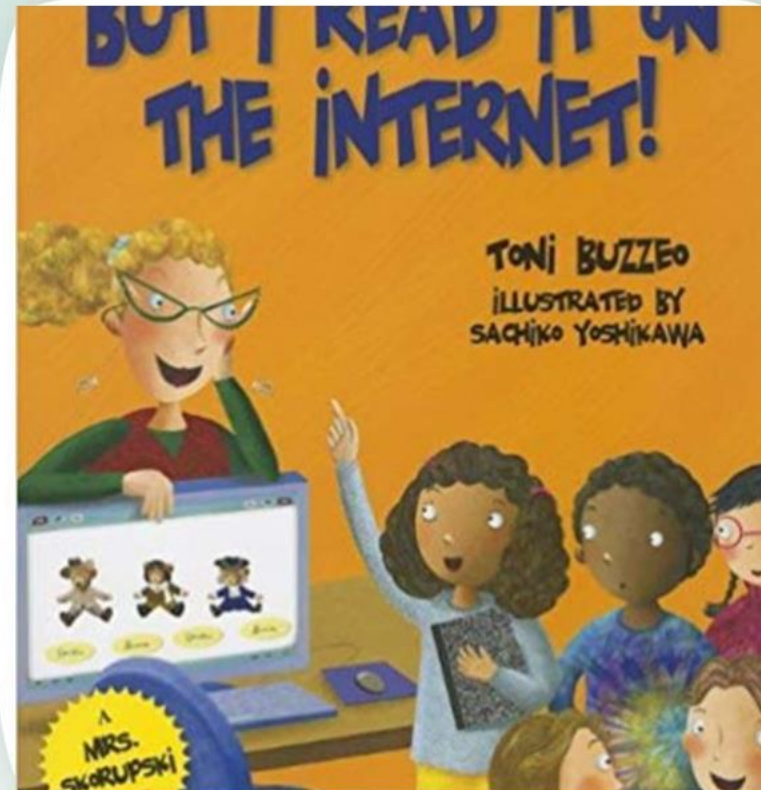


The books



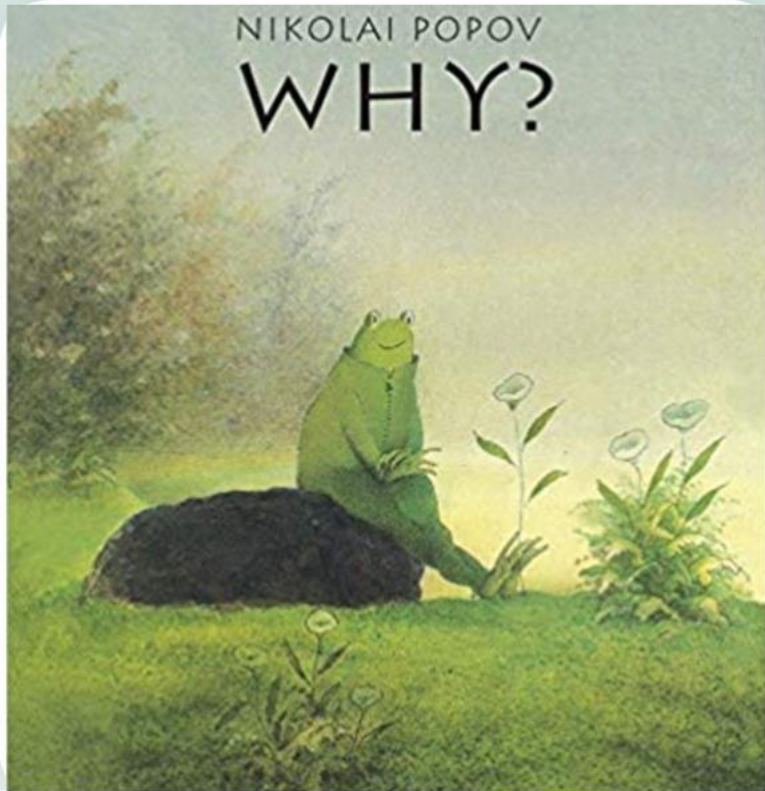
A look at whether images in the media are real and why people post images that are not real

The books

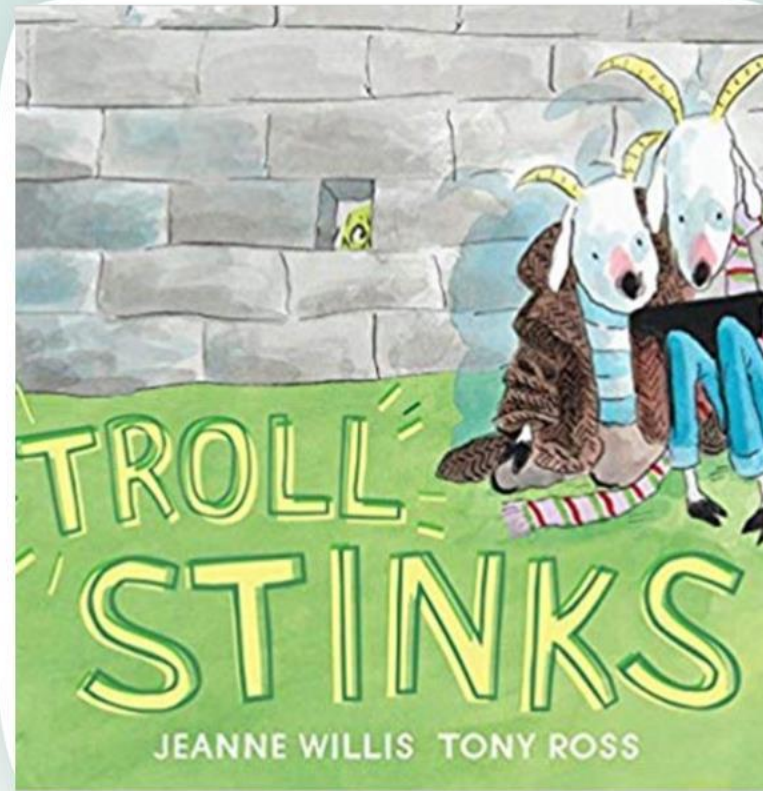


Discussions about if everything on the internet is true and tips about how to distinguish what's fact from fiction





Discussions around how to deal with other people's arguments and not getting involved in other people's drama



Understanding what constitutes cyber bullying and what to do if it affects you



The books

