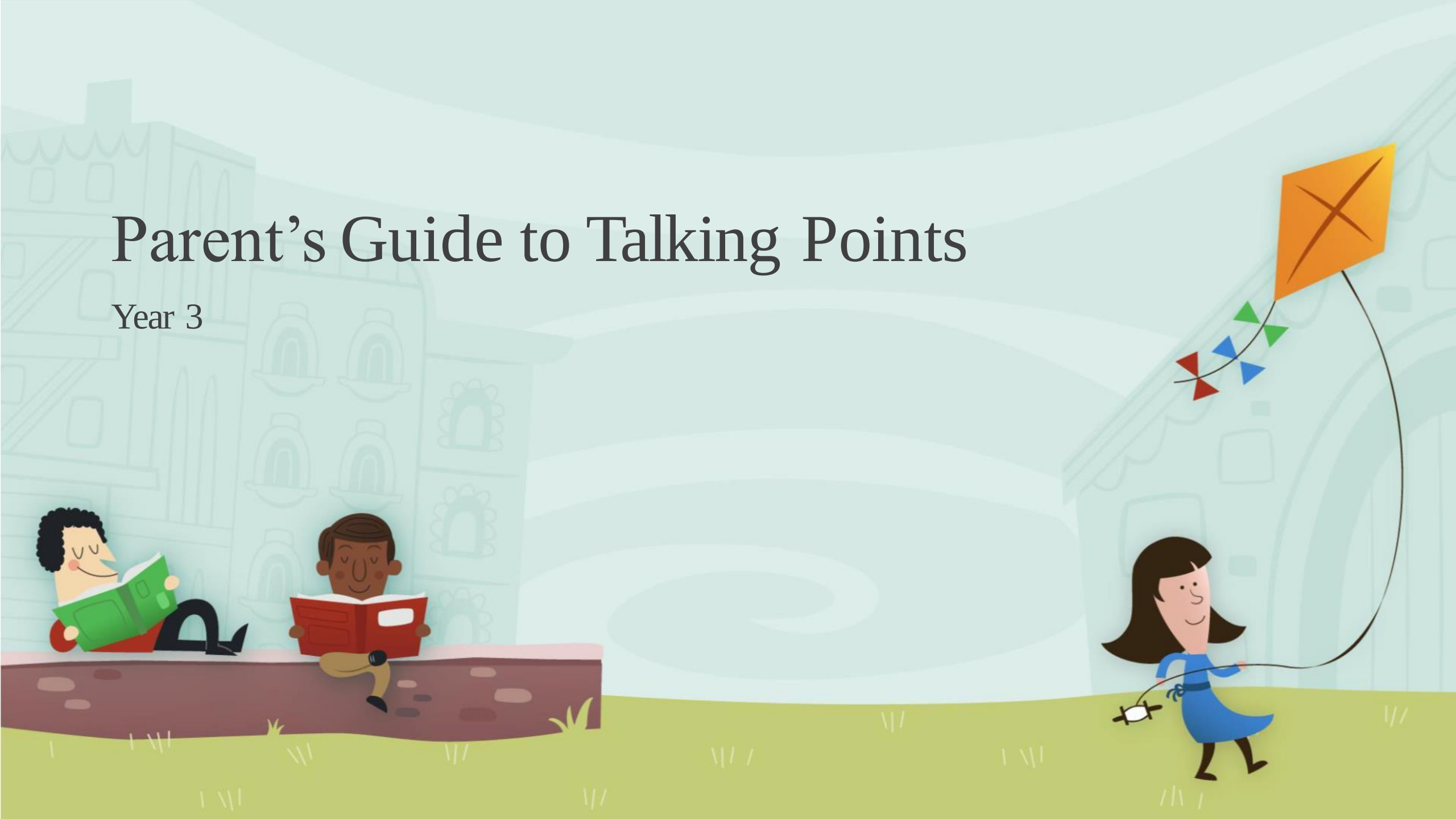


Parent's Guide to Talking Points

Year 3



What is Talking Points?

- Talking Points is a scheme of work that covers the DfE Guidance for their new Physical Health, Mental Wellbeing and Relationships Education for Primary Schools. This is a compulsory guidance document for schools.
- Talking Points uses children's picture books to start age appropriate discussions with children about the topics needed to be covered.
- Children are encouraged to take part in discussions and activities which include other groups of pupils, grown ups at home and parts of the community.
- Talking Points also aims to encourage a love of reading and to increase vocabulary understanding.
- It has been written by a currently serving Headteacher with a psychology background.



Year 3 Talking Points

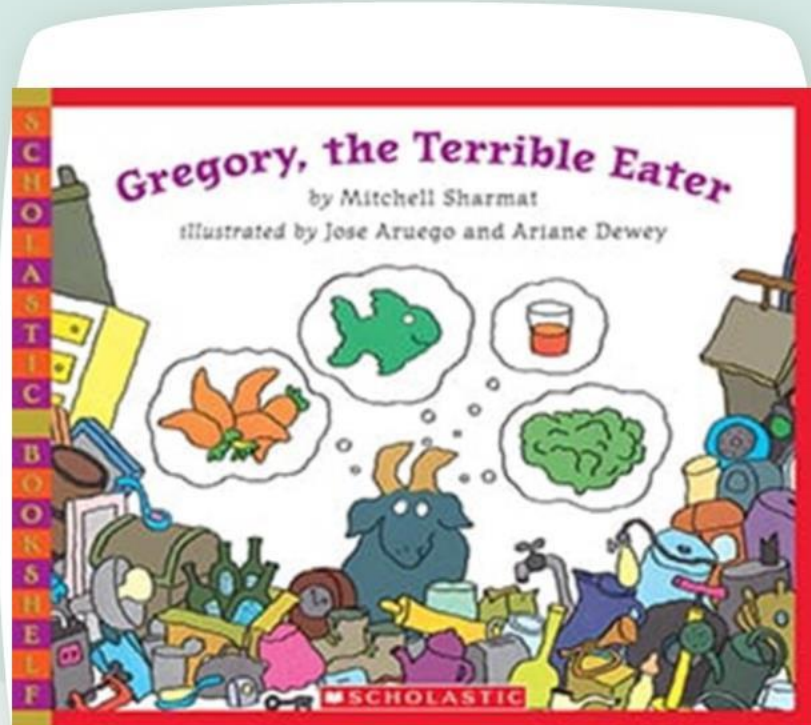
	Talking Point	Strand	Page
1	What can affect my health?	Looking after me	
2	What's a balanced lifestyle?	Looking after me	
3	What is Health and Safety?	Looking after me	
4	How does smoking damage health?	Looking after me	
5	Who can help me be safe?	Looking after me	
6	What is restorative justice?	Understanding others	
7	What are my rights and responsibilities?	Understanding others	
8	What happens if I break a rule?	Understanding groups	
9	Why should I tell the truth?	Understanding others	



Year 3 Talking Points

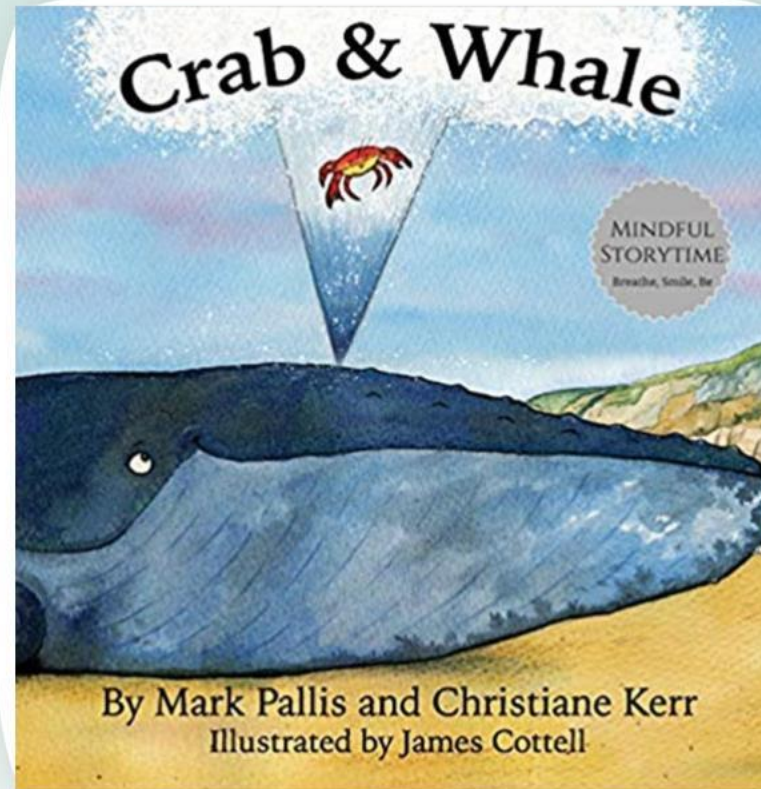
	Talking Point	Strand	Page
10	What does honesty really mean?	Looking after me	
11	What do I do when my friend is sad?	Understanding others	
12	Who do my actions affect?	Understanding others	
13	What are my relationship rights and responsibilities?	Looking after me	
14	How do I raise my concerns?	Looking after me	
15	What's a community?	Understanding groups	
16	How can we be different?	Understanding groups	
17	Who else lives in my region?	Understanding groups	
18	Who else lives in the UK?	Understanding groups	





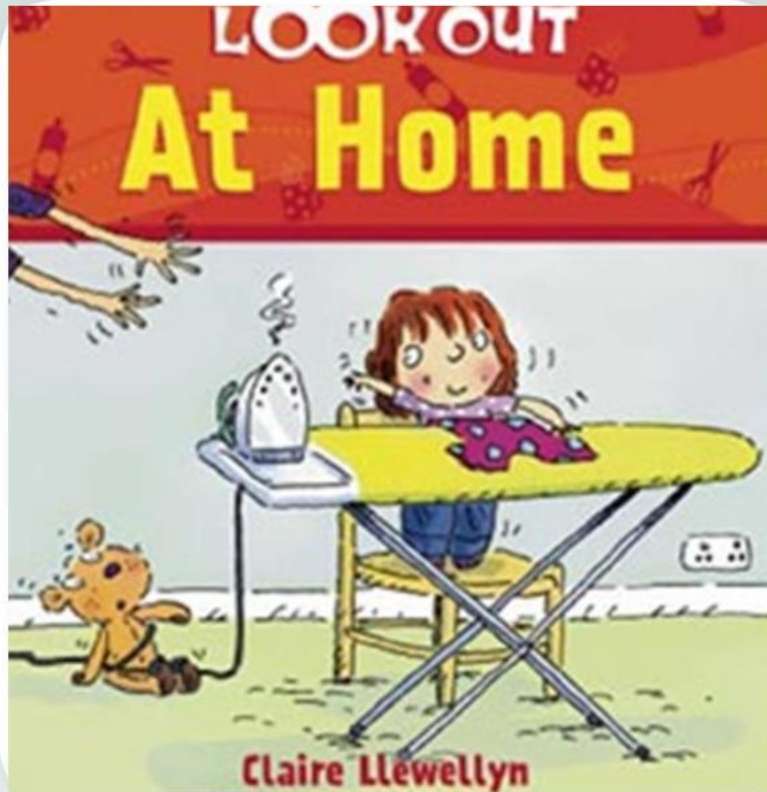
Continuing learning about keeping
your body and mind healthy
including healthy sleeping

The books

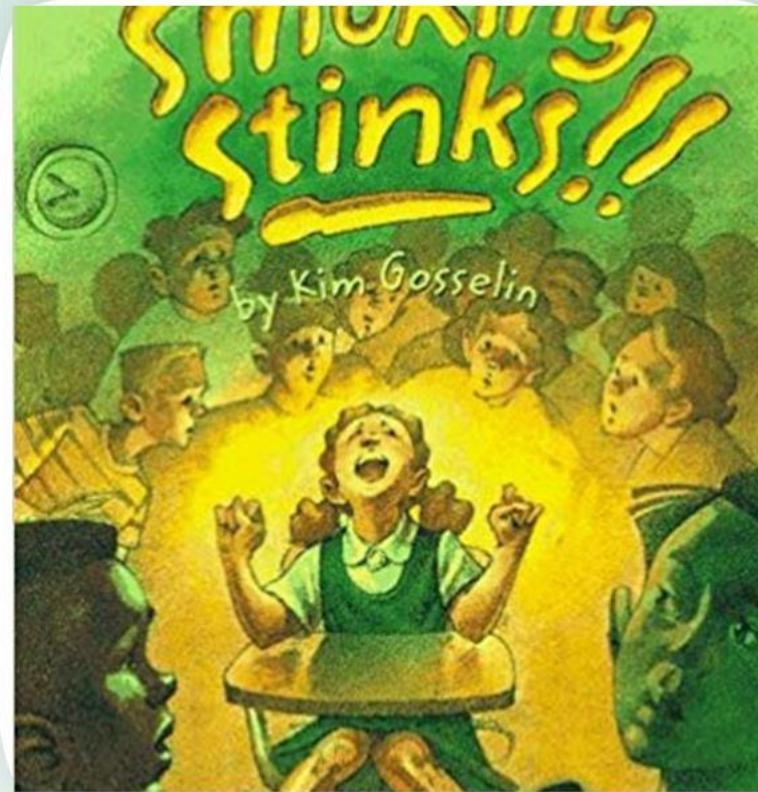


Looking at how to be mindful and
the need for rest and sleep along
with physical exercise





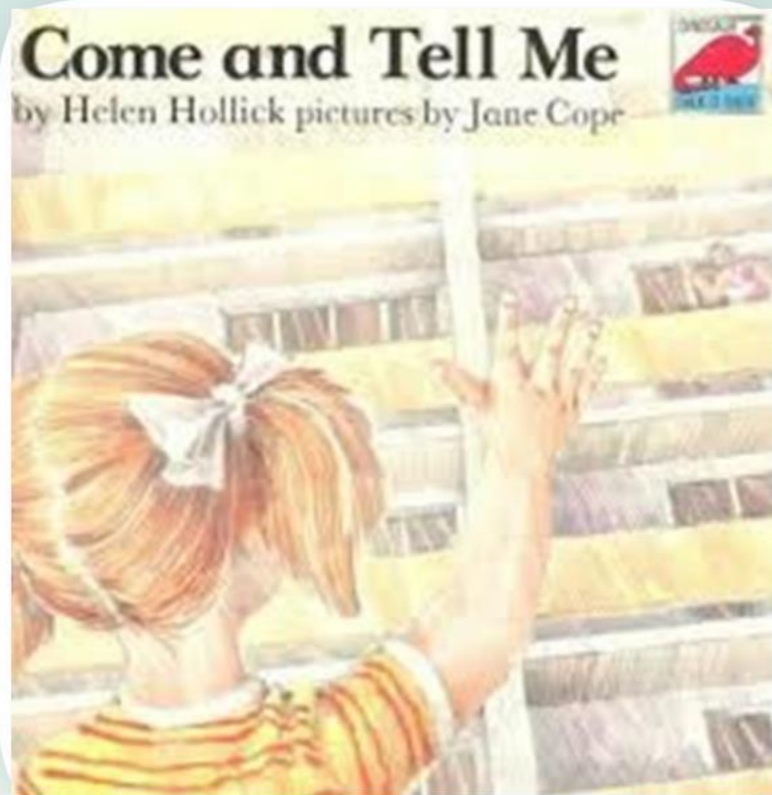
Understanding the meaning of health and safety and looking at staying safe at home and at school



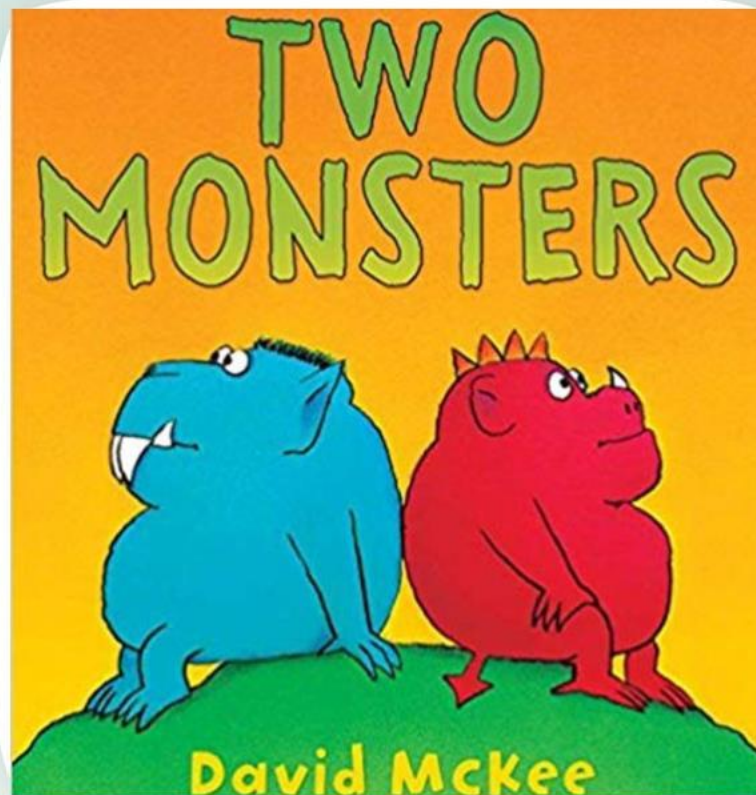
Looking at how smoking is bad for our bodies and the effects it can have as we grow up



The books



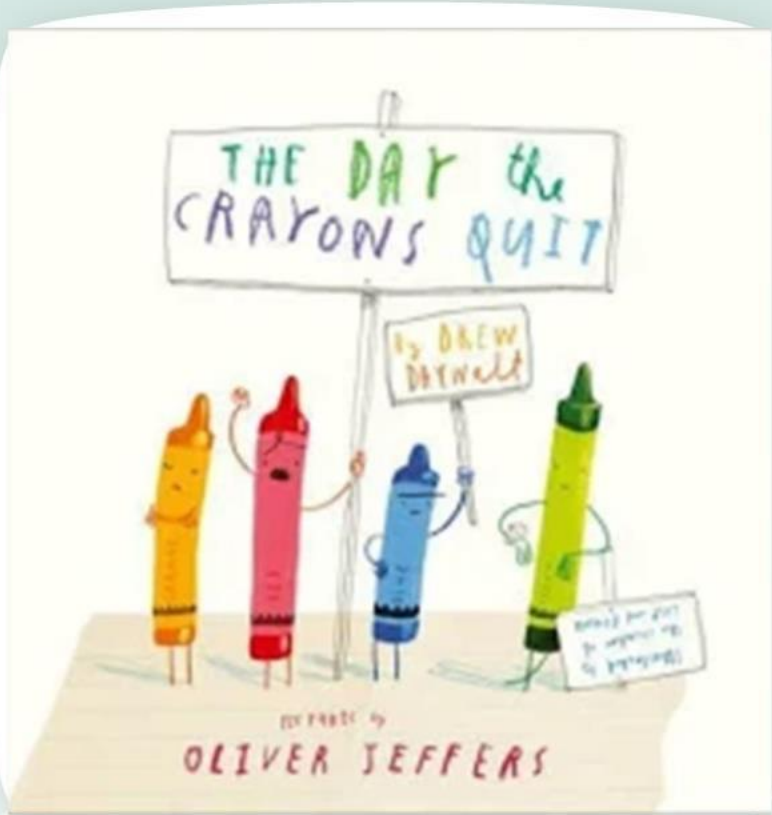
A look at staying safe when out on your own and a recap on children's safety network of important adults



Understanding the concept of restorative justice and the development of empathy for another's point of view

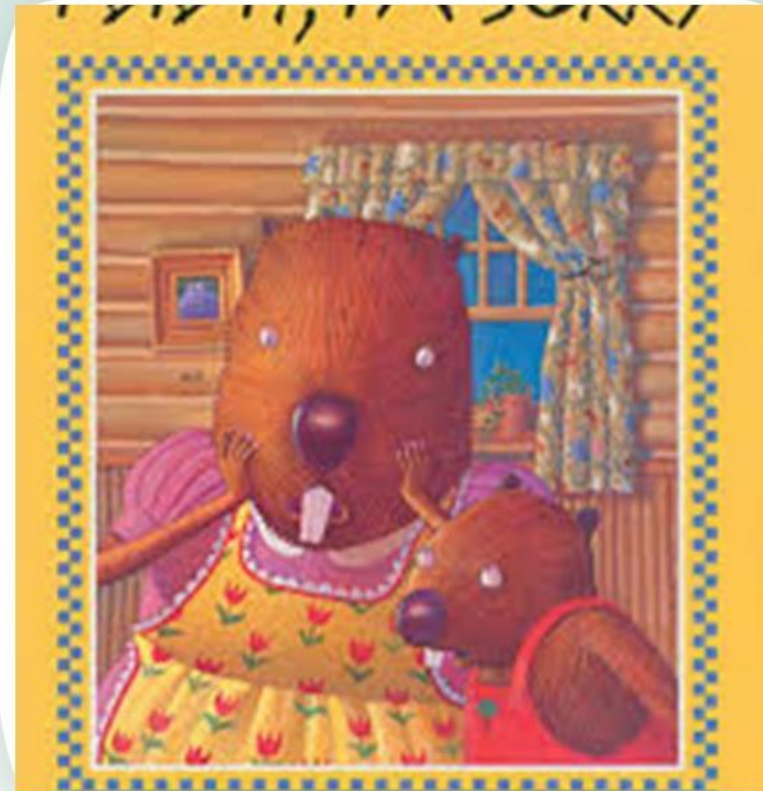


The books



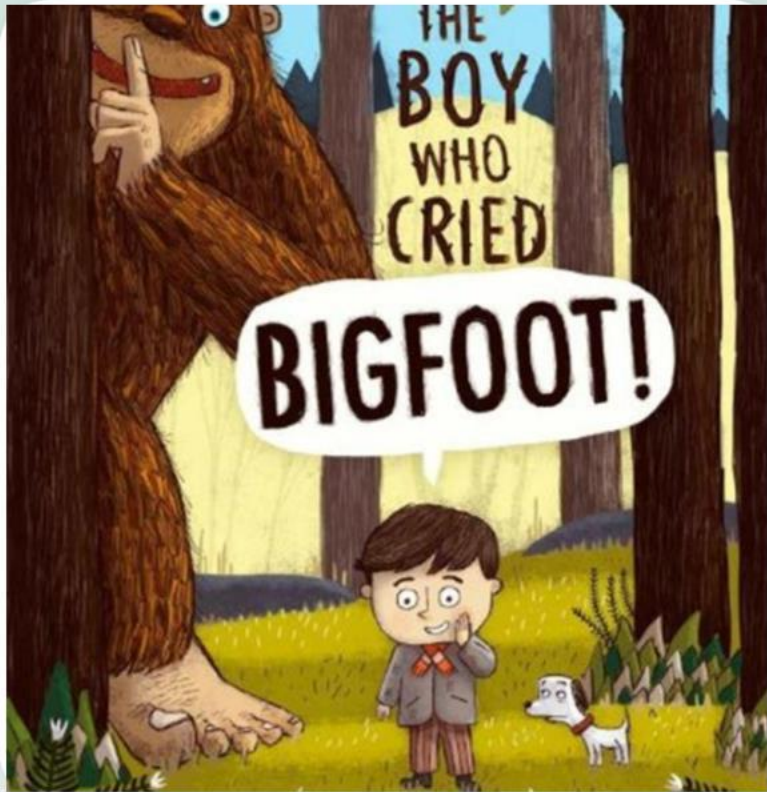
A discussion about responsibilities and why we have to fulfill ours if we can

The books



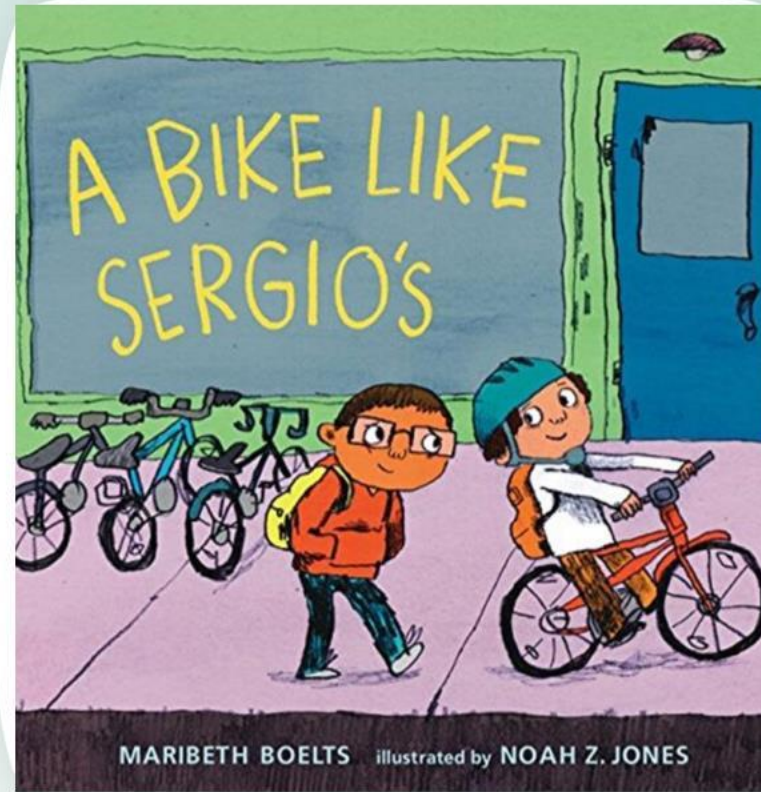
Understanding the concept of apologising and what we should do if we break a rule/hurt someone





Understanding the concept of telling the truth and the consequences of not telling the truth

The books



Looking at the concept of honesty and living our lives as honestly as possible



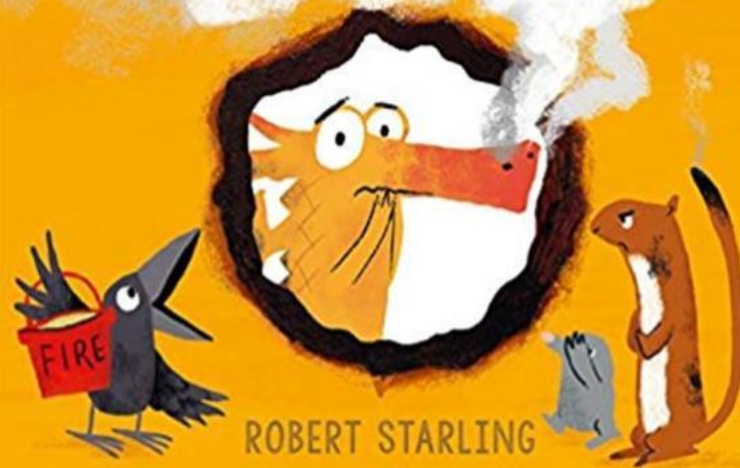
Eoin McLaughlin ♥ Polly Dunbar

The Hug



How to support others when they are feeling sad or low

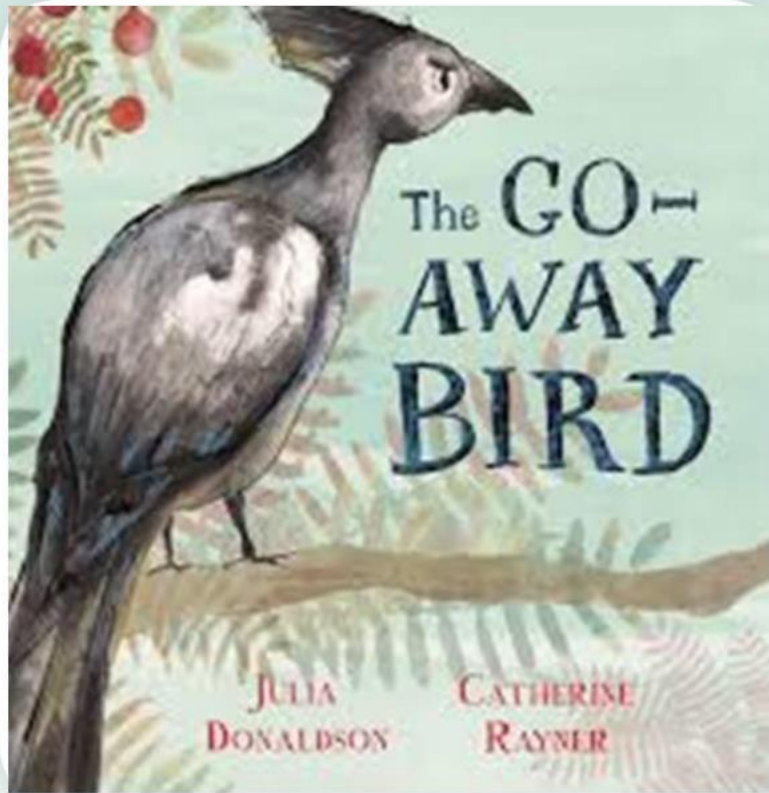
FERGAL IS FUMING!



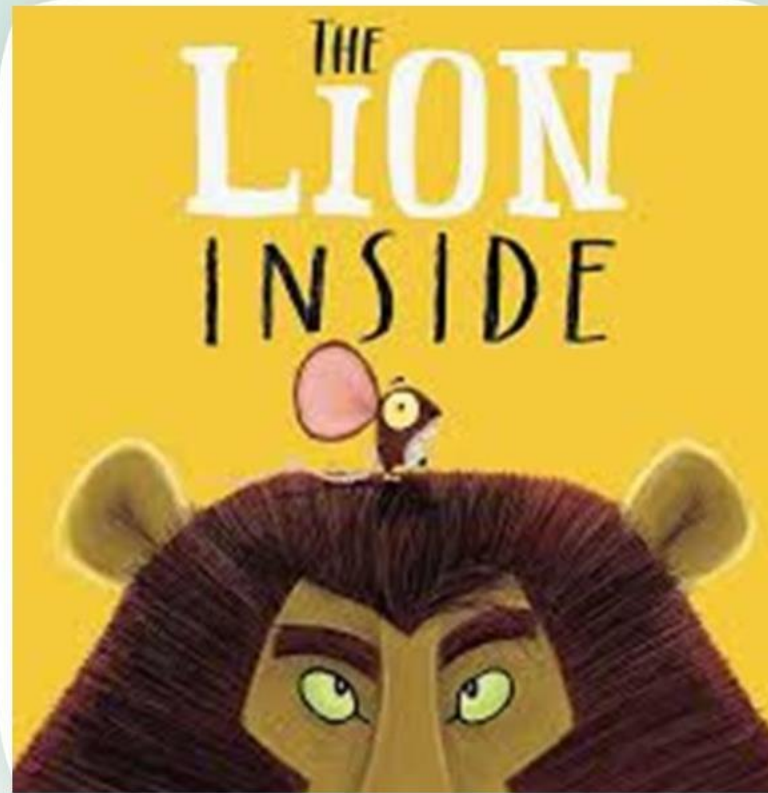
A look at how our actions affect others around us including tantrums and losing our temper



The books



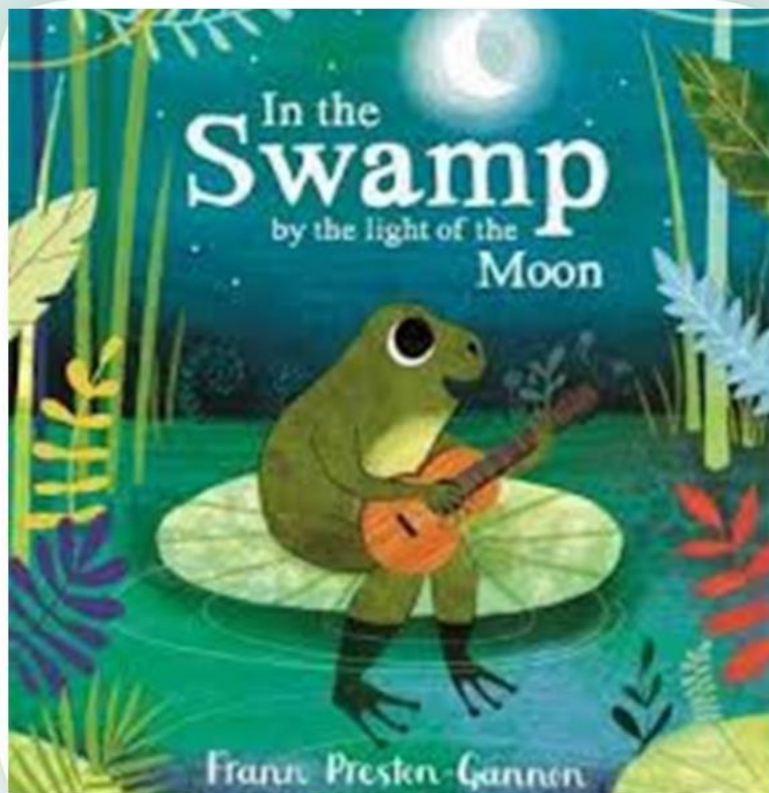
Looking at relationships and the rights and responsibilities we have within them



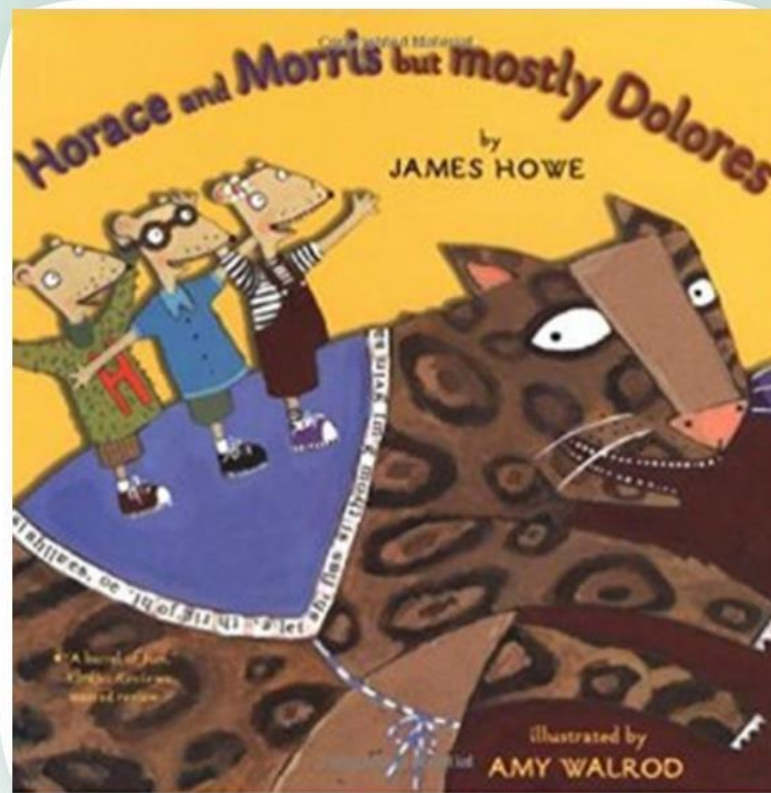
Encouragement to speak up if you are worried about yourself, or someone else, and ask for help



The books



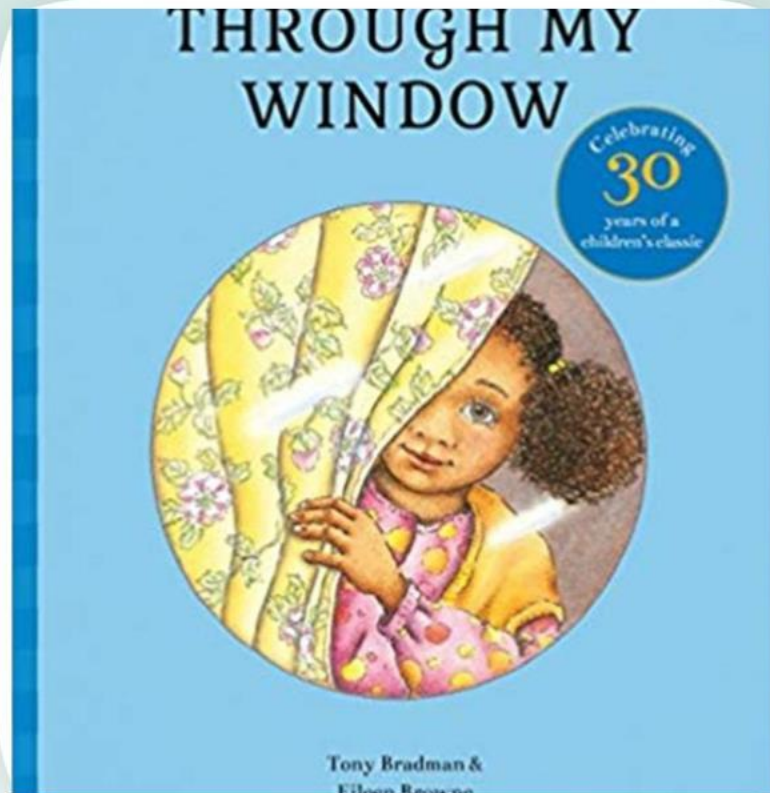
About the importance of being part of communities and linking with people and groups around you



Discussions around the differences between people and how we shouldn't judge others for those differences

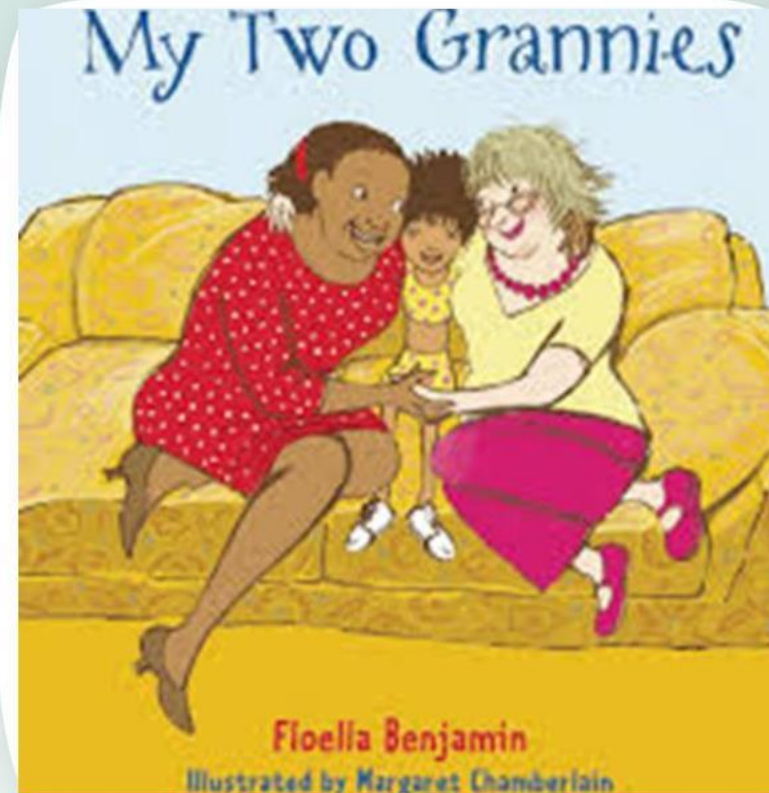


The books



A look at who lives within the children's locality and region and pride in the area that they live

The books



Discussions about who lives in the UK and how different cultures work together in our society

