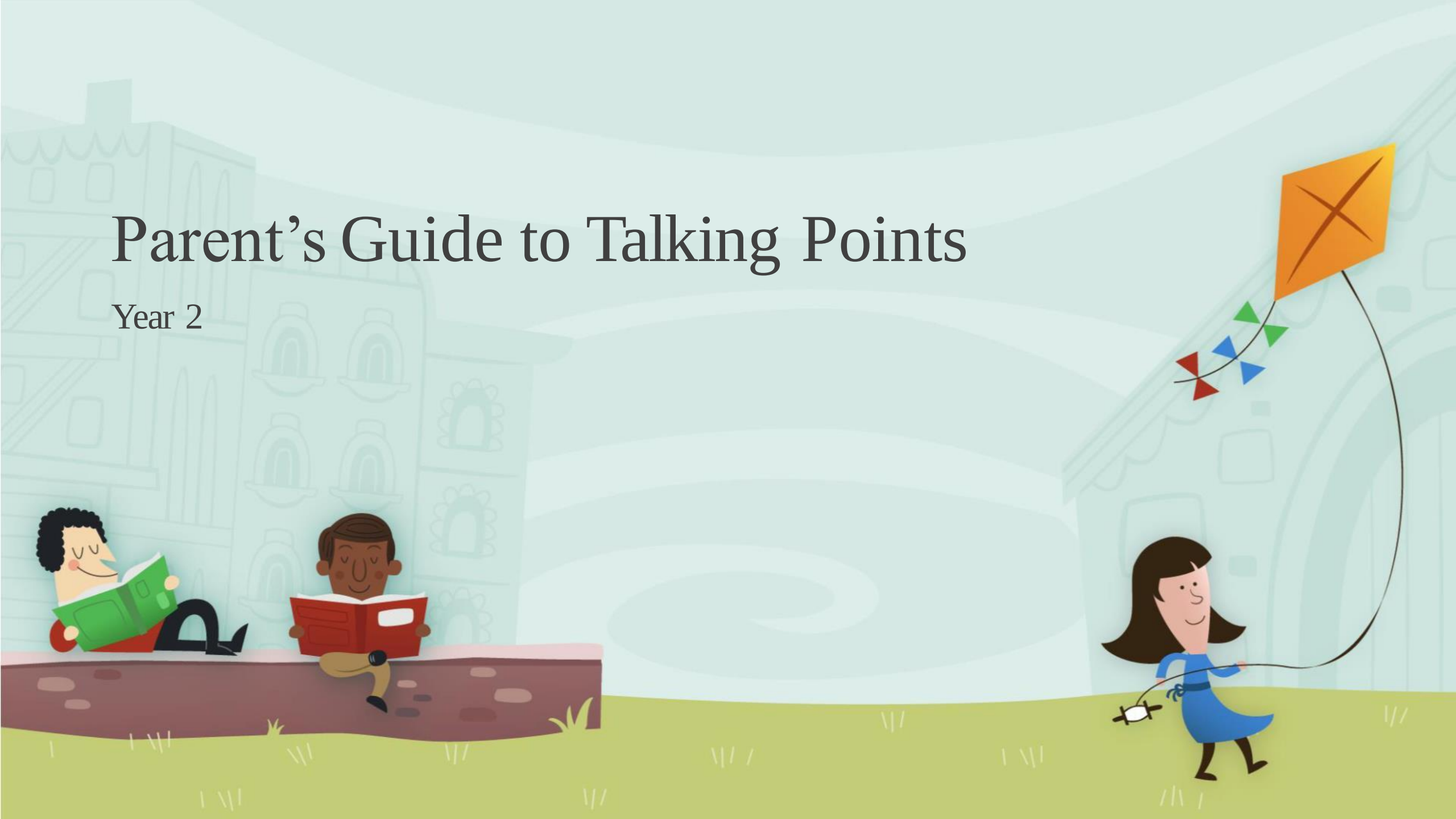


Parent's Guide to Talking Points

Year 2



What is Talking Points?

- Talking Points is a scheme of work that covers the DfE Guidance for their new Physical Health, Mental Wellbeing and Relationships Education for Primary Schools. This is a compulsory guidance document for schools.
- Talking Points uses children's picture books to start age appropriate discussions with children about the topics needed to be covered.
- Children are encouraged to take part in discussions and activities which include other groups of pupils, grown ups at home and parts of the community.
- Talking Points also aims to encourage a love of reading and to increase vocabulary understanding.
- It has been written by a currently serving Headteacher with a psychology background.



Year 2 Talking Points

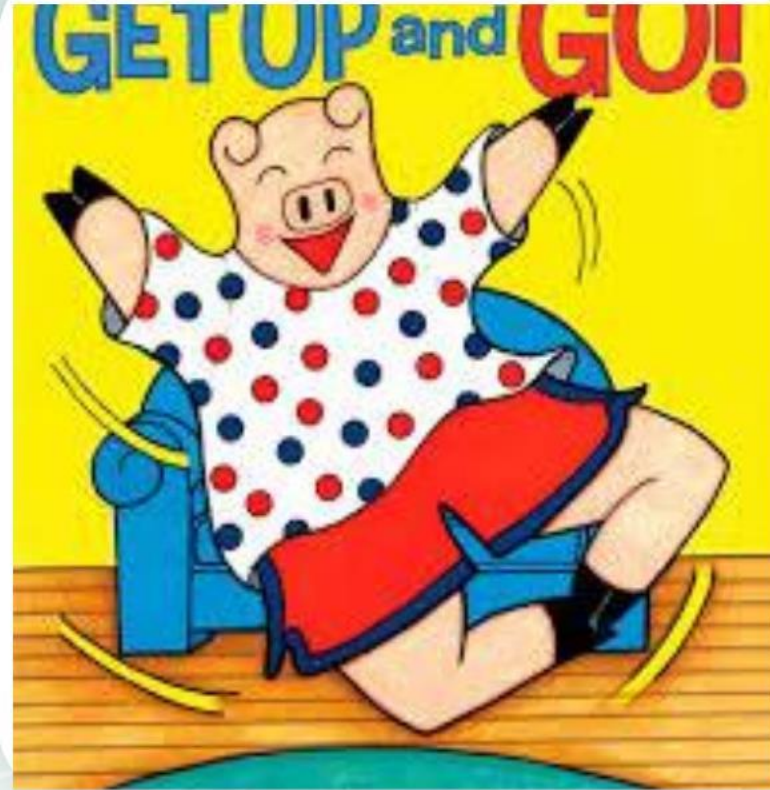
	Talking Point	Strand	Page
1	Why should I exercise?	Looking after me	
2	What if I don't like vegetables?	Looking after me	
3	Are medicines always good?	Looking after me	
4	Can I stop myself getting ill?	Looking after me	
5	What does angry feel like?	Understanding me	
6	How do I make you feel?	Understanding others	
7	Is it right or wrong?	Understanding groups	
8	How can I compromise?	Understanding groups	
9	What are rights and responsibilities?	Understanding groups	



Year 2 Talking Points

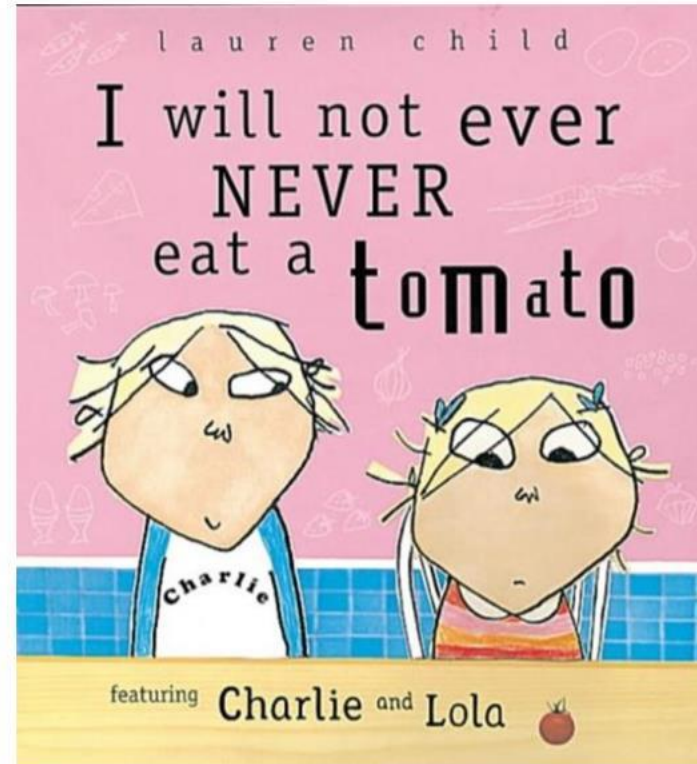
	Talking Point	Strand	Page
10	How do I contribute?	Understanding groups	
11	How can I save our planet?	Understanding groups	
12	Where could my money come from?	Looking after me	
13	Do I know my body?	Understanding me	
14	What does private really mean?	Looking after me	
15	Who can I trust?	Looking after me	
16	Should I keep a secret?	Looking after me	
17	Am I safe online?	Looking after me	
18	What should I aim for?	Understanding me	





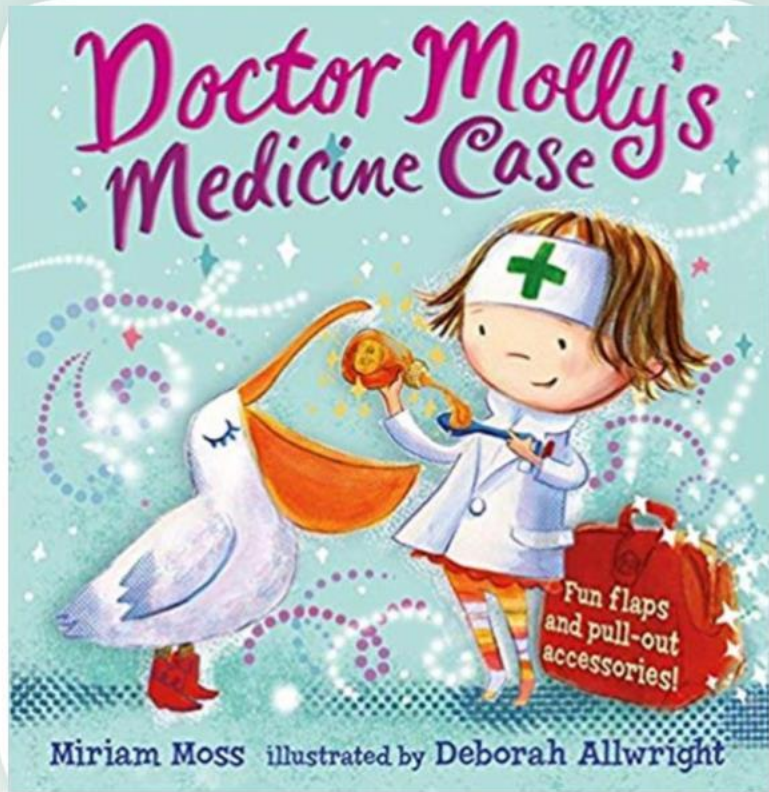
All about keeping your body and mind healthy by exercising and being mindful

The books



About healthy eating and the importance of moderation including healthy recipes





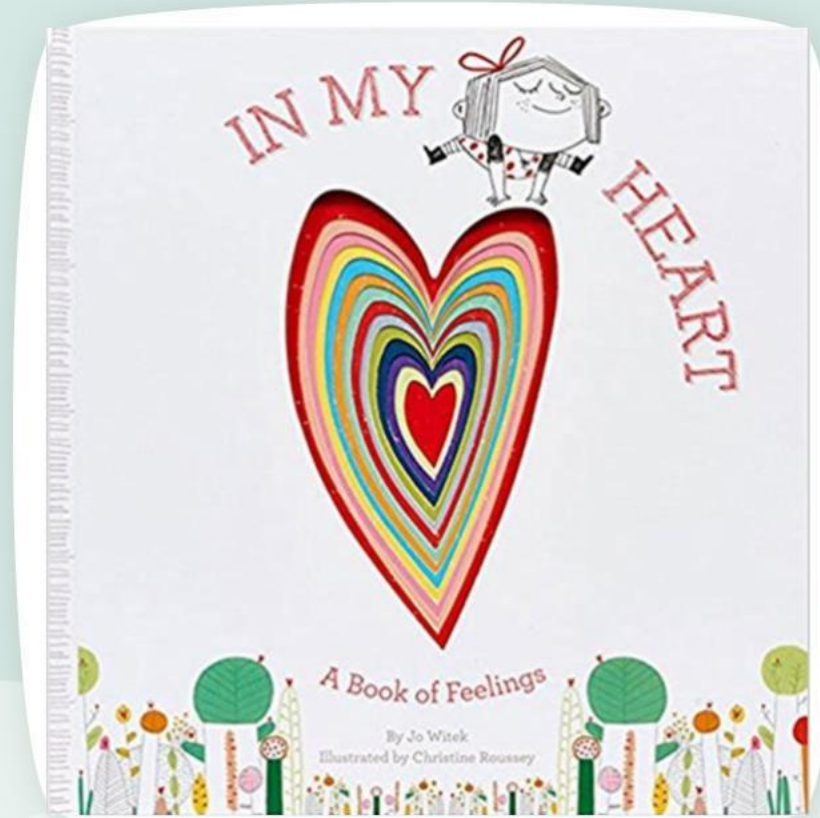
How to take medicines and how to keep safe around medicines including not taking those not prescribed for you



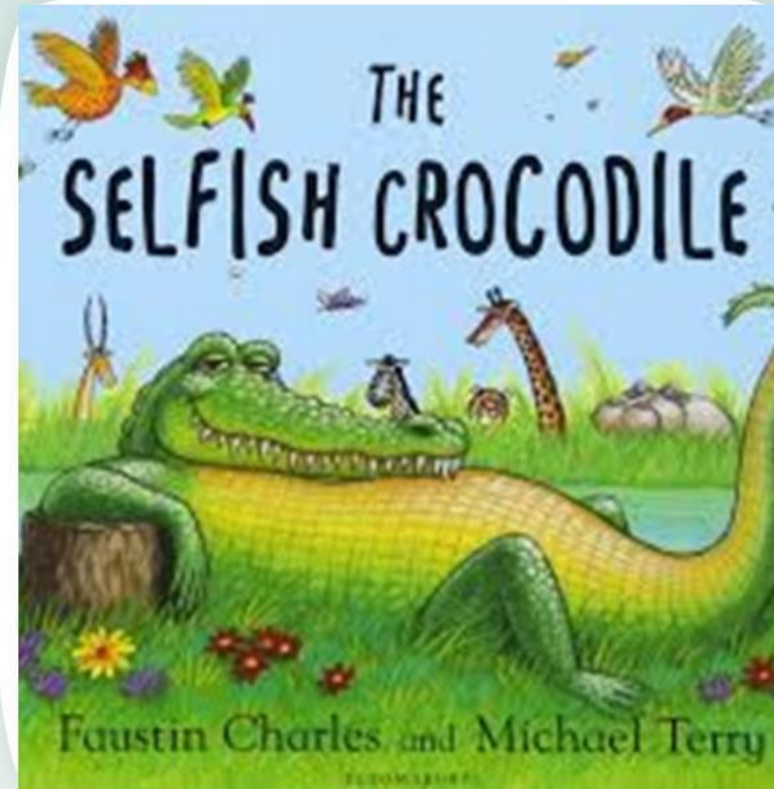
Understanding that we get ill because of germs and how to limit how much we get ill by reducing our contact with germs



The books



What makes us angry and how to help ourselves and others when we are angry along with feelings vocabulary work



How our actions affect others and how their actions can affect us, beginnings of relationships education

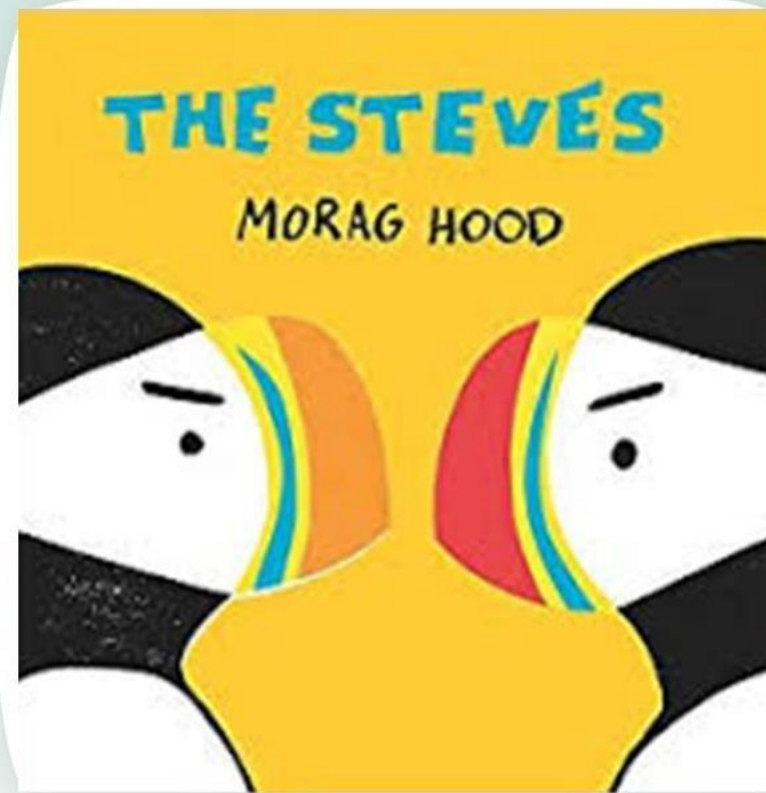


The books



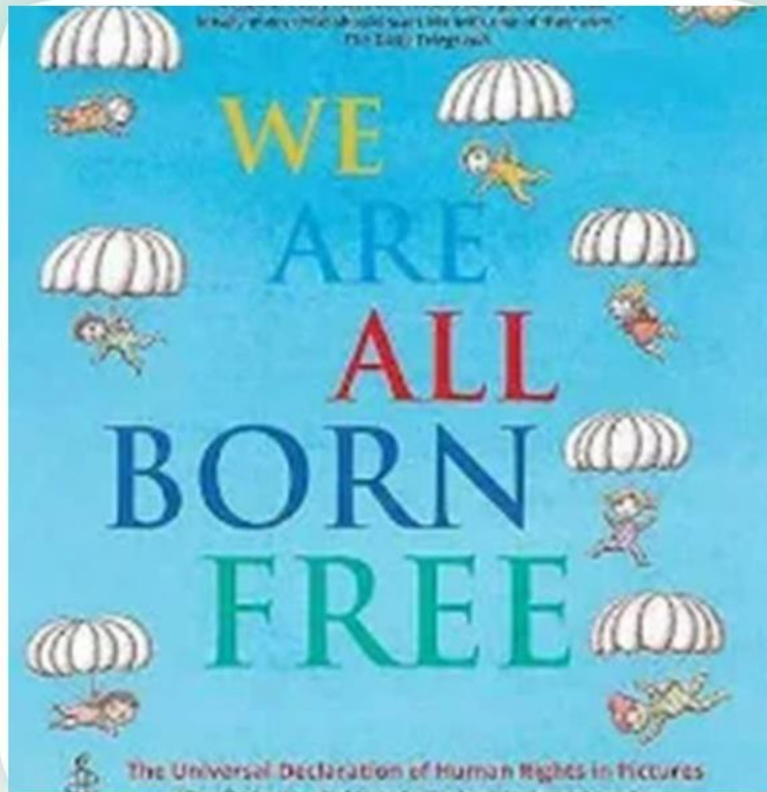
About the difference between right and wrong and that we all have a choice to make about our behaviours

The books



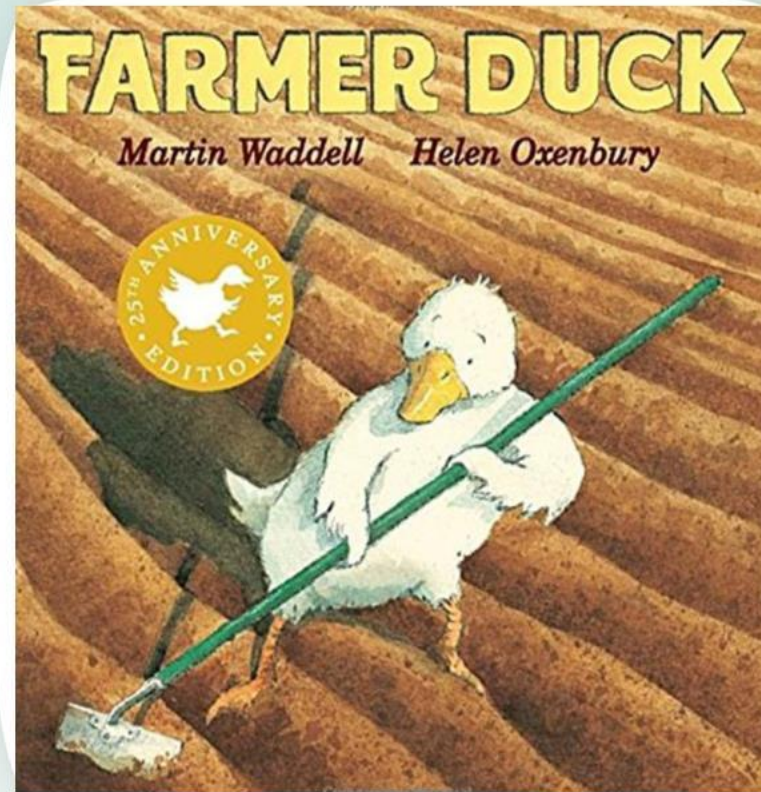
Understanding of the word compromise and how we can compromise in our relationships





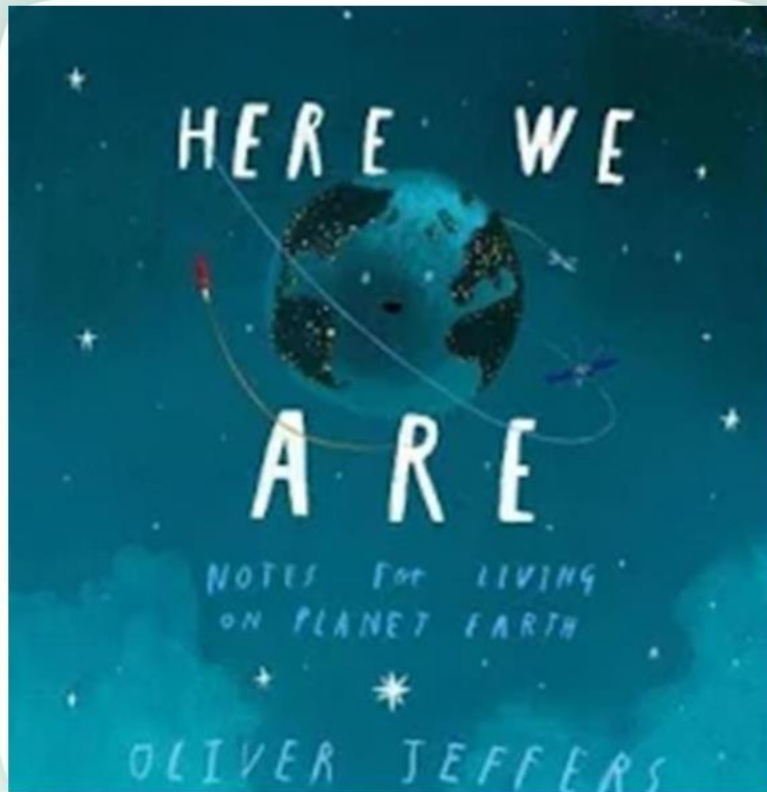
That we are all born with human rights but along with those come responsibilities towards others

The books



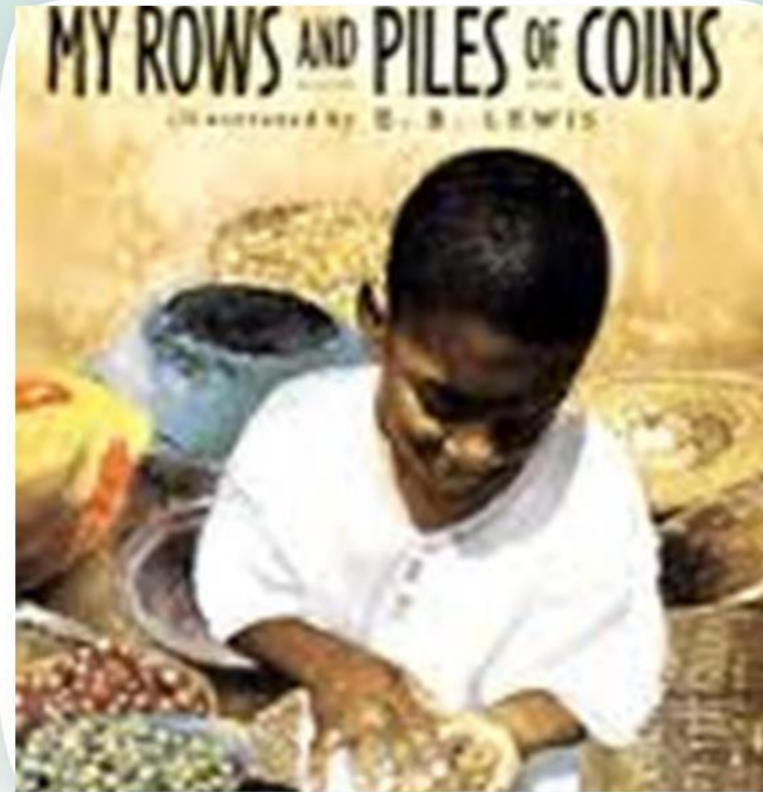
Understanding the word contribute and to see how children contribute to friendships, the classroom and their family





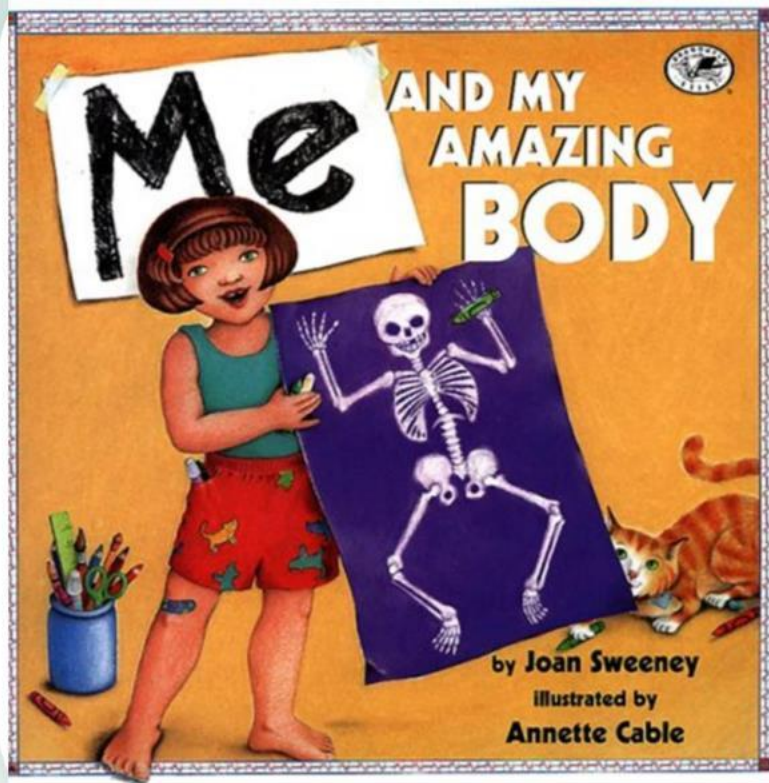
Understanding the word conservation and why it's important to save our planet

The books



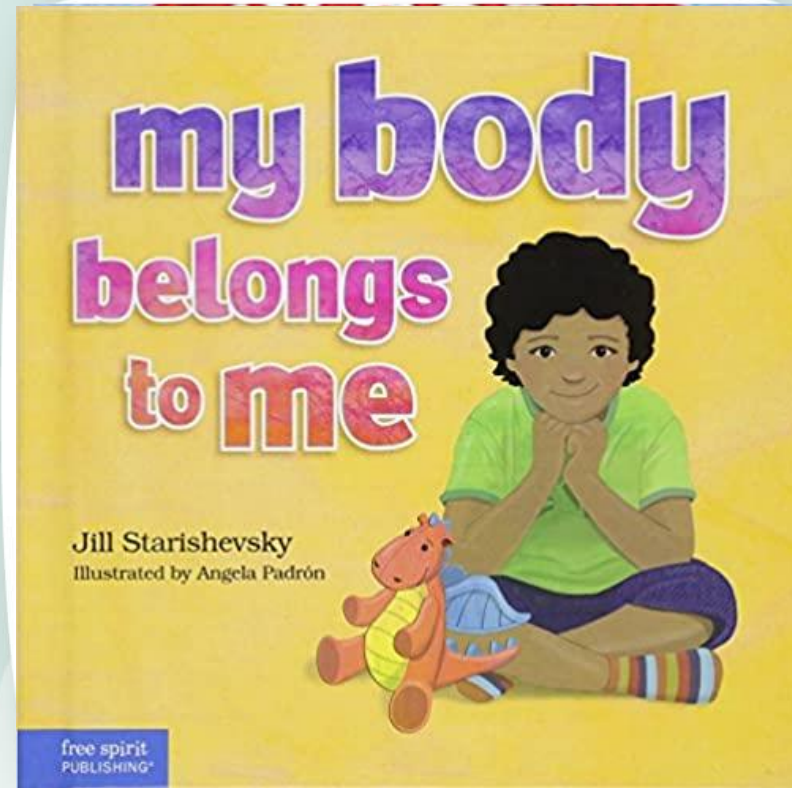
Know where money comes from and how they could earn money to save for the things they want





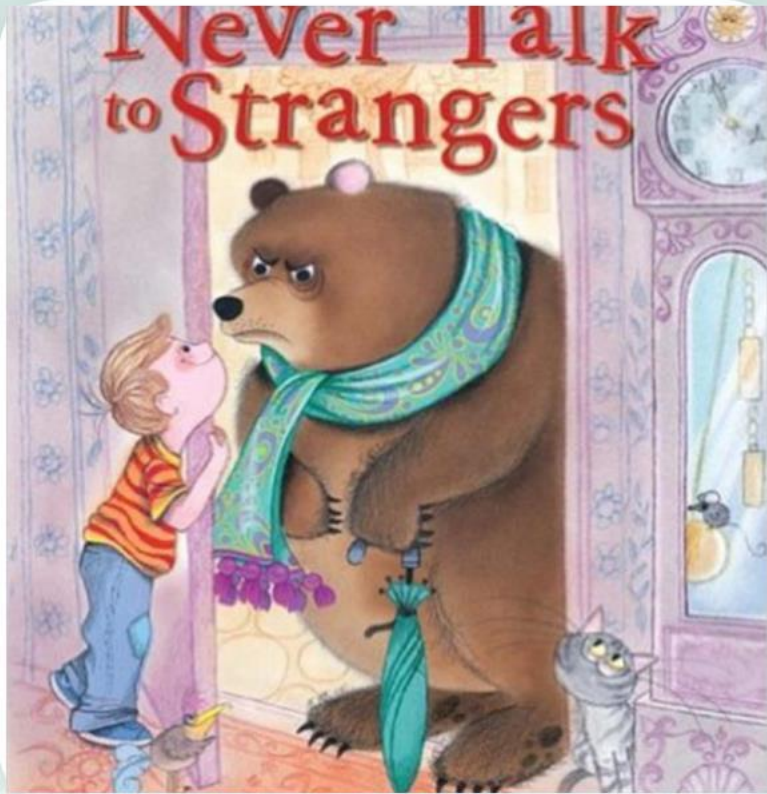
Knowing the formal names for the parts of their body such as heart, lungs, arms and legs.

The books



Talking about that their body belongs to them and having age-appropriate discussions about keeping their body safe.





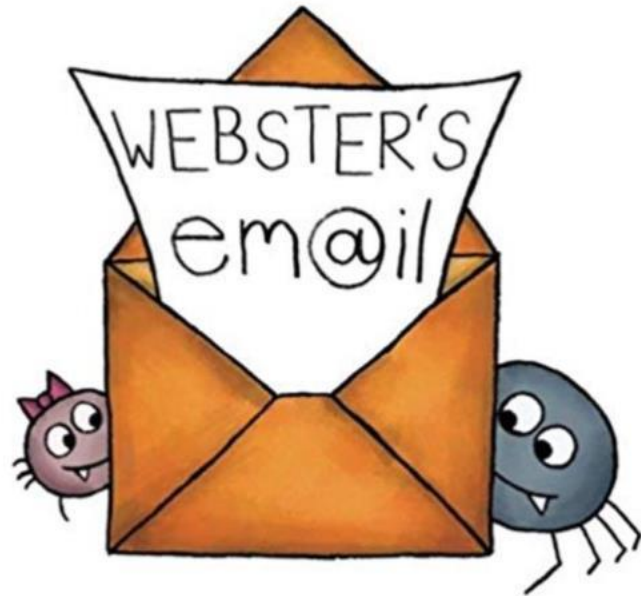
Knowing who to trust and what to do if you feel uncomfortable with anything.



About the difference between secrets and surprises and that secrets can weight us down like worries so who can children tell if they are worried

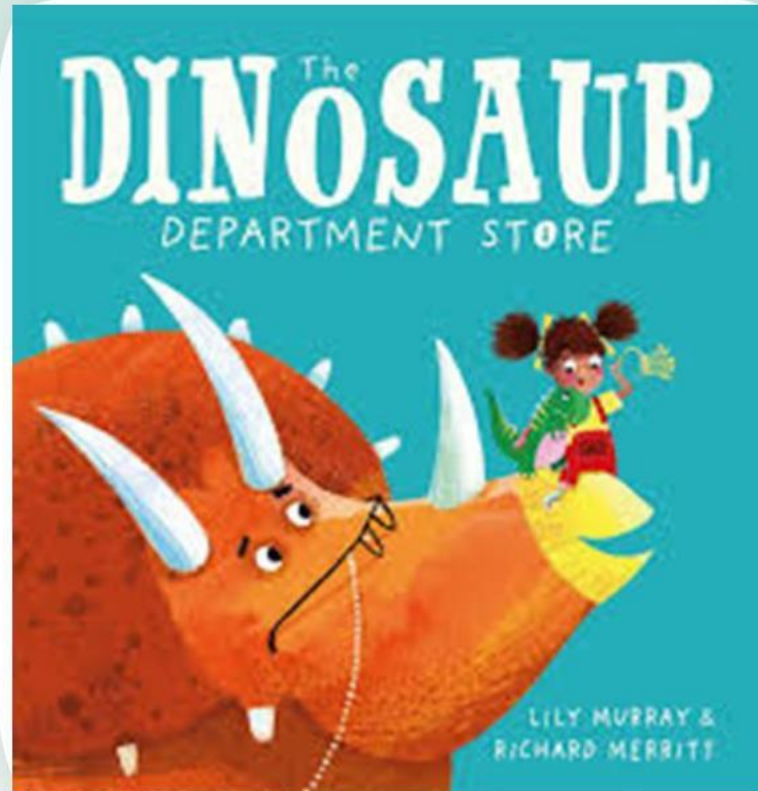


The books



HANNAH WHALEY

A look at staying safe online and how pictures put on the internet can be shared without your knowledge



How to create aims and targets for the future and in readiness for KS2



The books