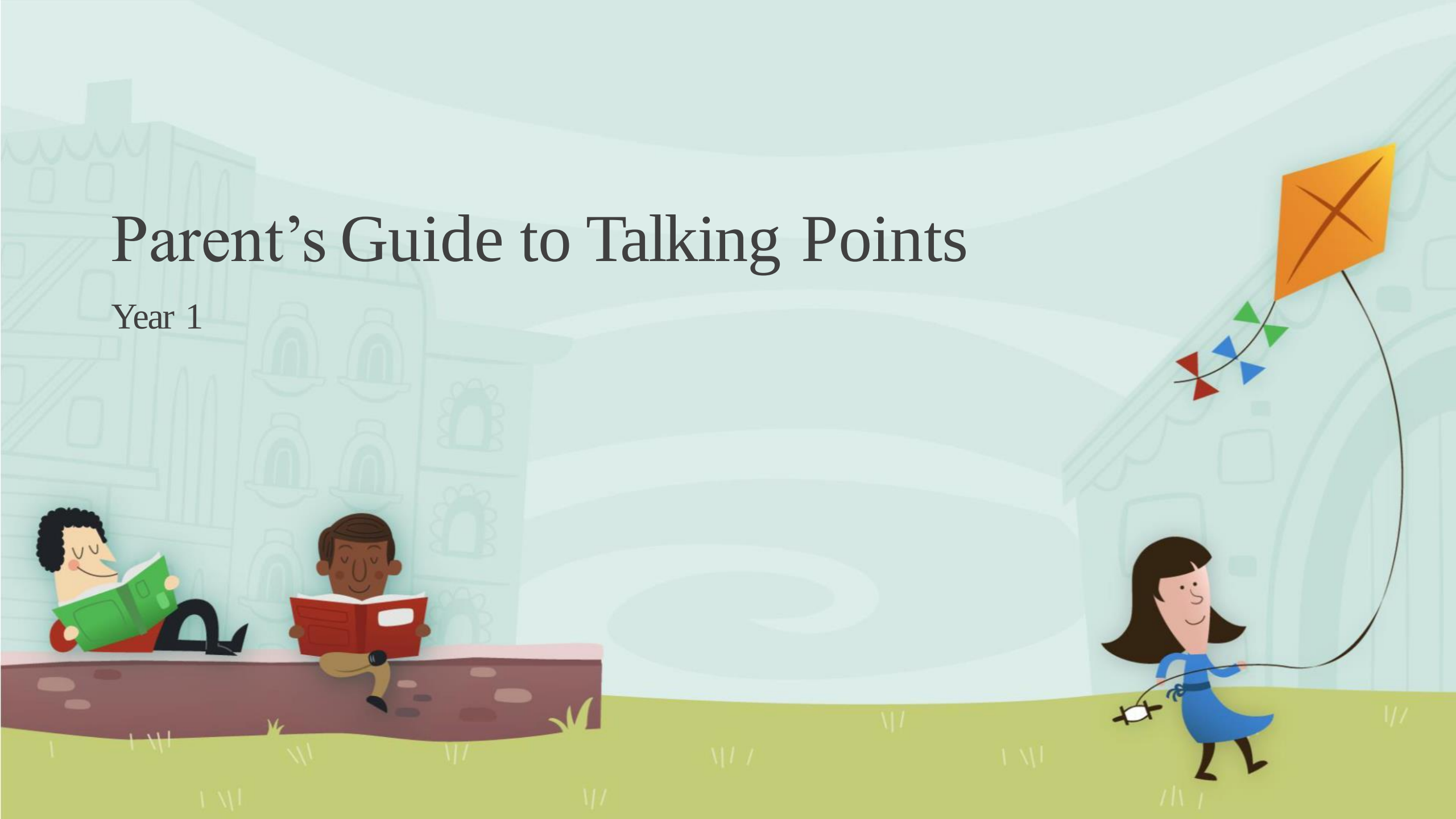


Parent's Guide to Talking Points

Year 1



What is Talking Points?

- Talking Points is a scheme of work that covers the DfE Guidance for their new Physical Health, Mental Wellbeing and Relationships Education for Primary Schools. This is a compulsory guidance document for schools.
- Talking Points uses children's picture books to start age appropriate discussions with children about the topics needed to be covered.
- Children are encouraged to take part in discussions and activities which include other groups of pupils, grown ups at home and parts of the community.
- Talking Points also aims to encourage a love of reading and to increase vocabulary understanding.
- It has been written by a currently serving Headteacher with a psychology background.



Year 1 Talking Points

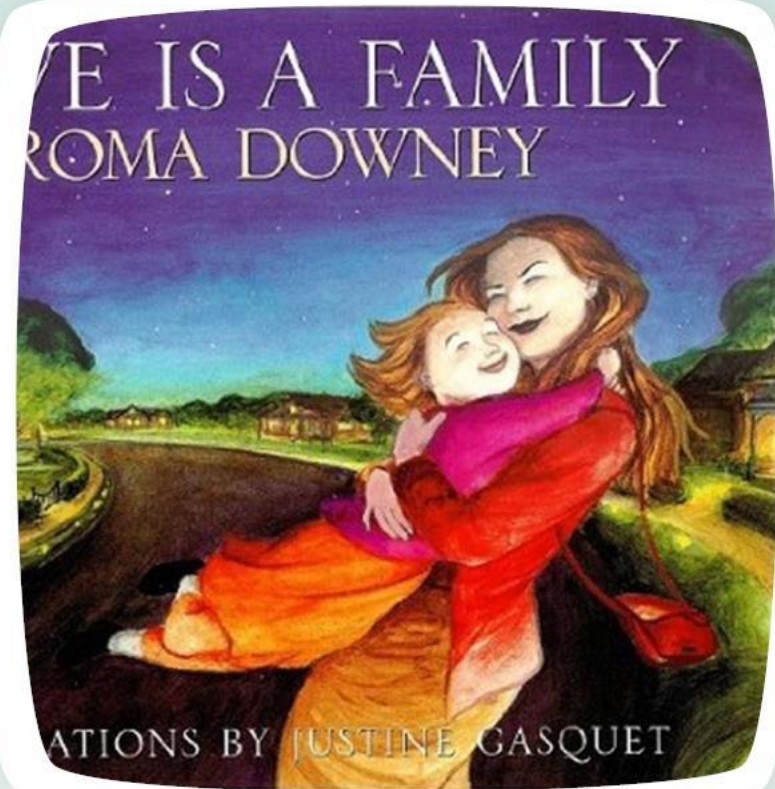
	Talking Point	Strand	Link
1	Who is in my family?	Understanding me	
2	Who are my important people?	Understanding me	
3	What makes a person?	Understanding others	
4	What makes me happy?	Understanding me	
5	What does sad feel like?	Understanding me	
6	Why do we have rules?	Understanding groups	
7	Is it kind or unkind?	Understanding others	
8	Is teasing ever okay?	Understanding others	
9	What should I do if I don't like it?	Looking after me	



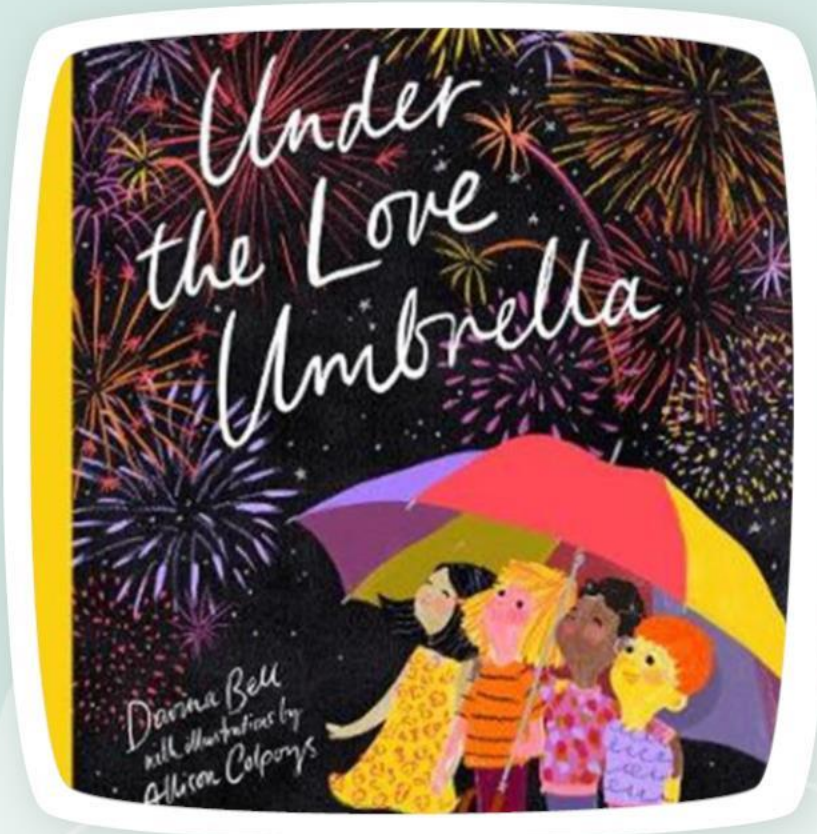
Year 1 Talking Points

	Talking Point	Strand	Page
10	What does worry feel like?	Understanding me	
11	How do I keep safe?	Looking after me	
12	What should I do in an emergency?	Looking after me	
13	When should I wash my hands?	Looking after me	
14	Why are teeth important?	Looking after me	
15	What should I do with money?	Looking after me	
16	What did I need as a baby?	Understanding me	
17	How can I be more grown up?	Understanding me	
18	Do I have to be the best?	Understanding me	





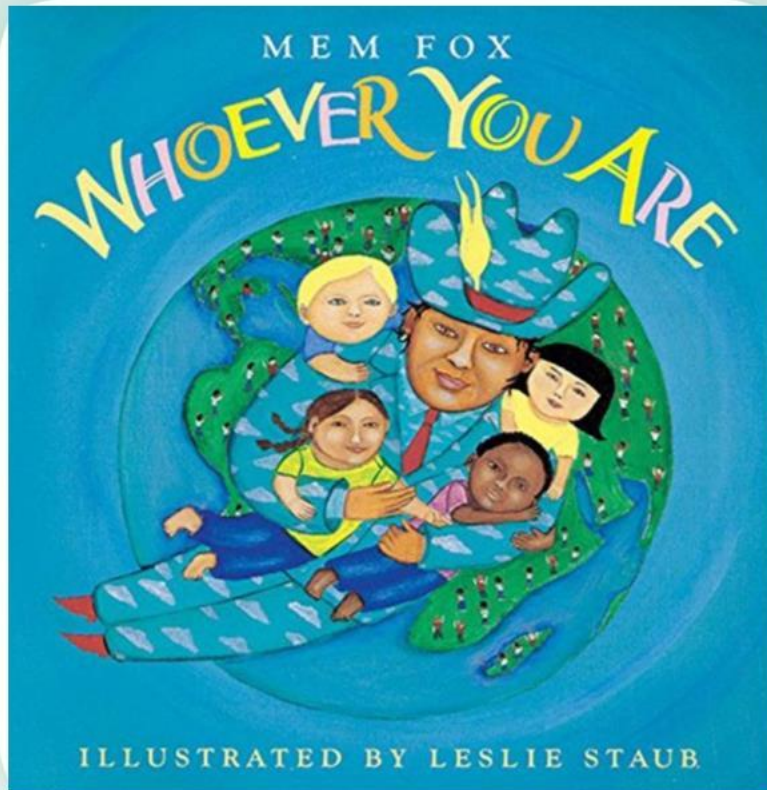
About how all families are different and that love is what is important.



Asking children who their important people are so that children know who they could go to if there was a problem.

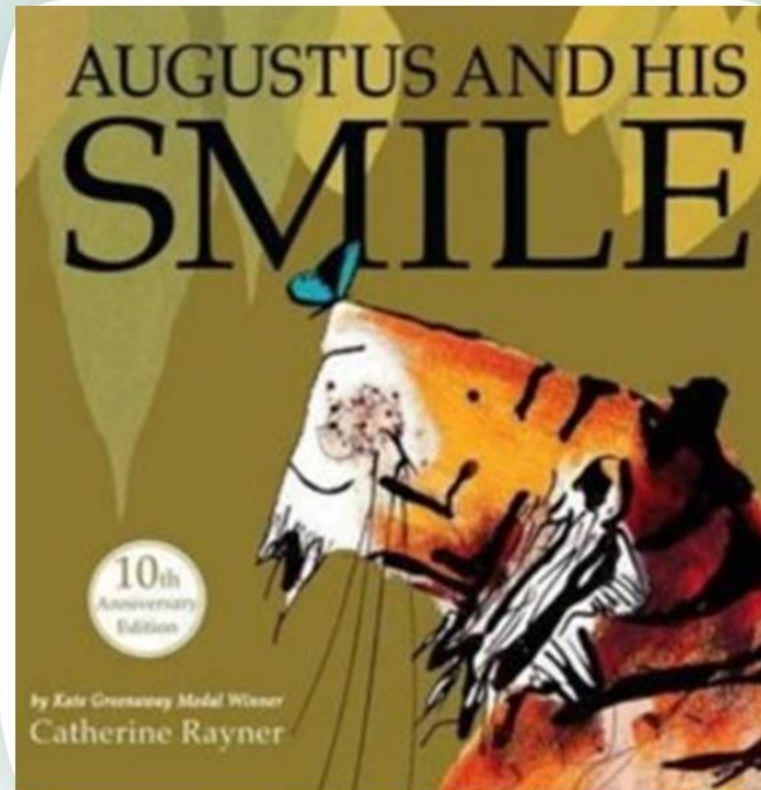


The books



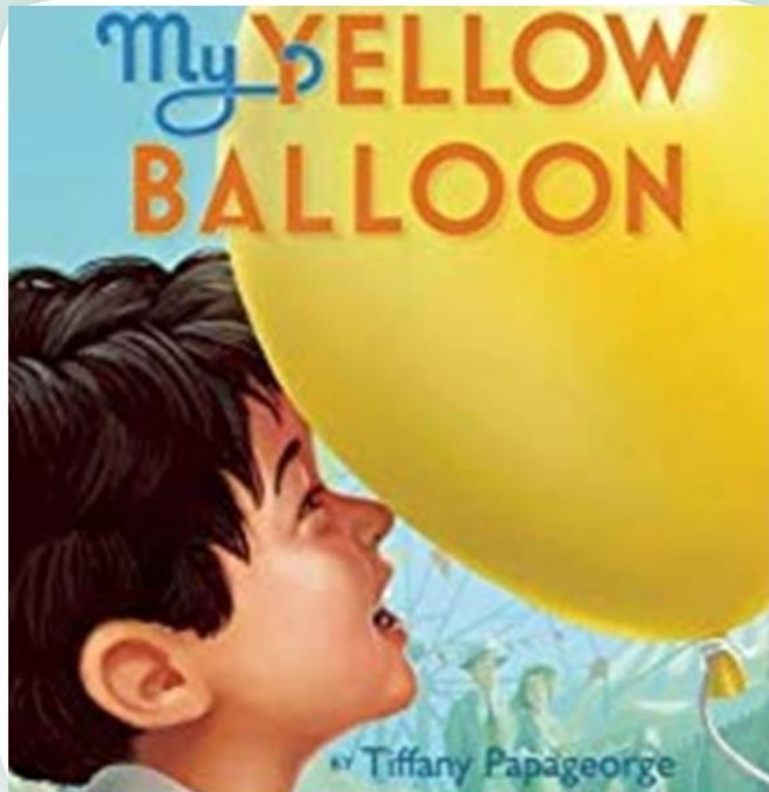
Looking at similarities and differences between people and how we should treat others regardless of differences

The books

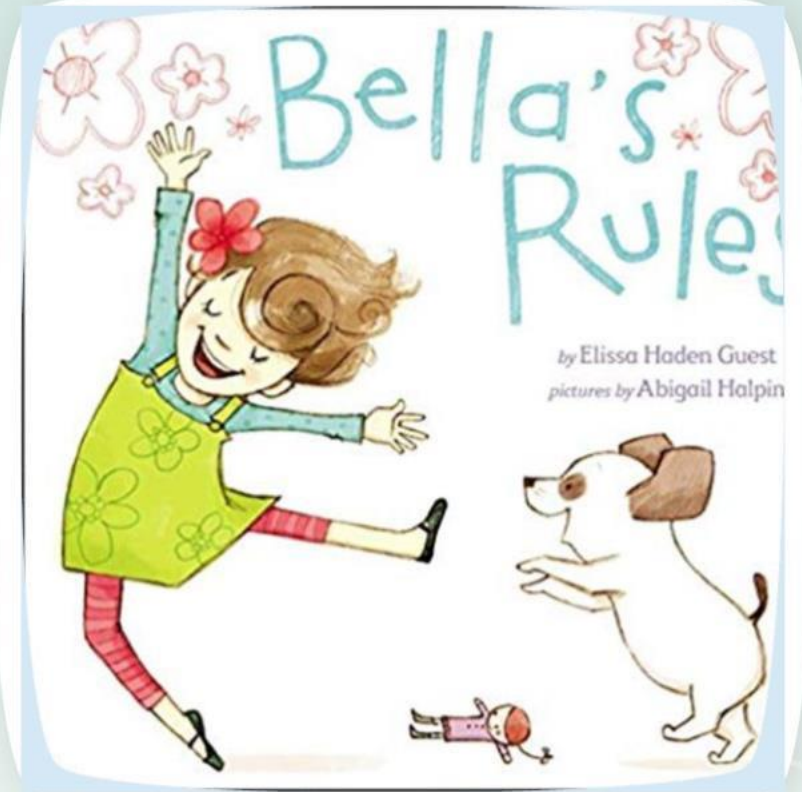


What makes us happy and how to keep ourselves happy along with feelings vocabulary work





What makes us sad and how to help ourselves and others when we are sad along with feelings vocabulary work



Understanding the importance of rules in keeping us safe

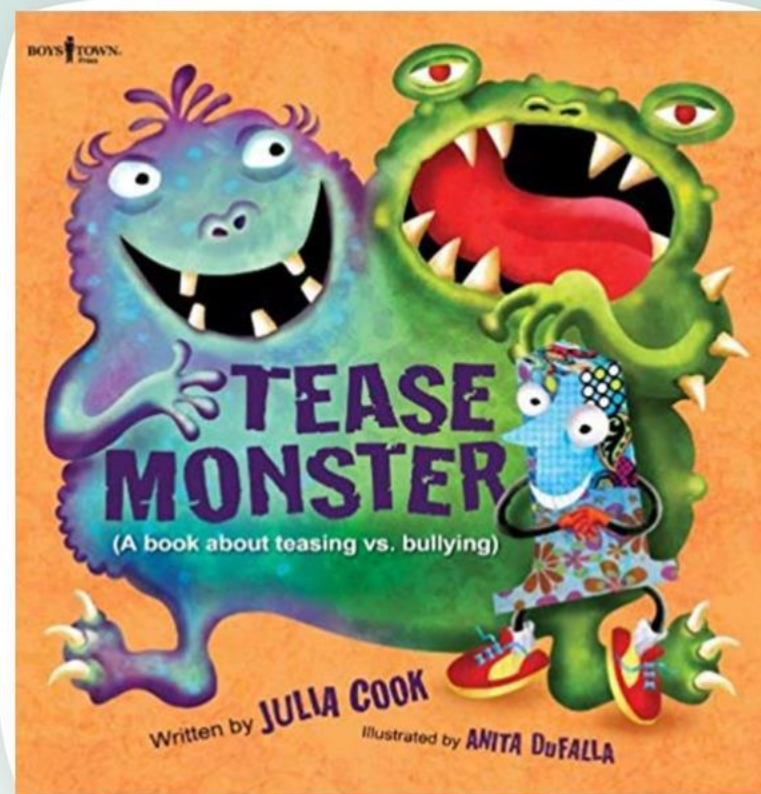


The books



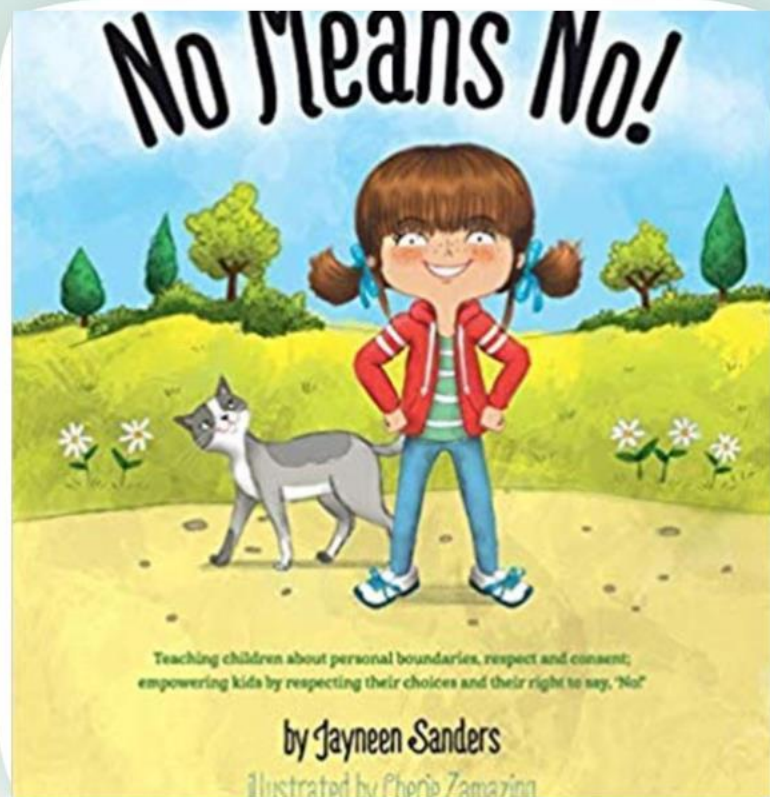
What kindness means and how to be kind. Discussions about the feelings involved with being kind or unkind.

The books

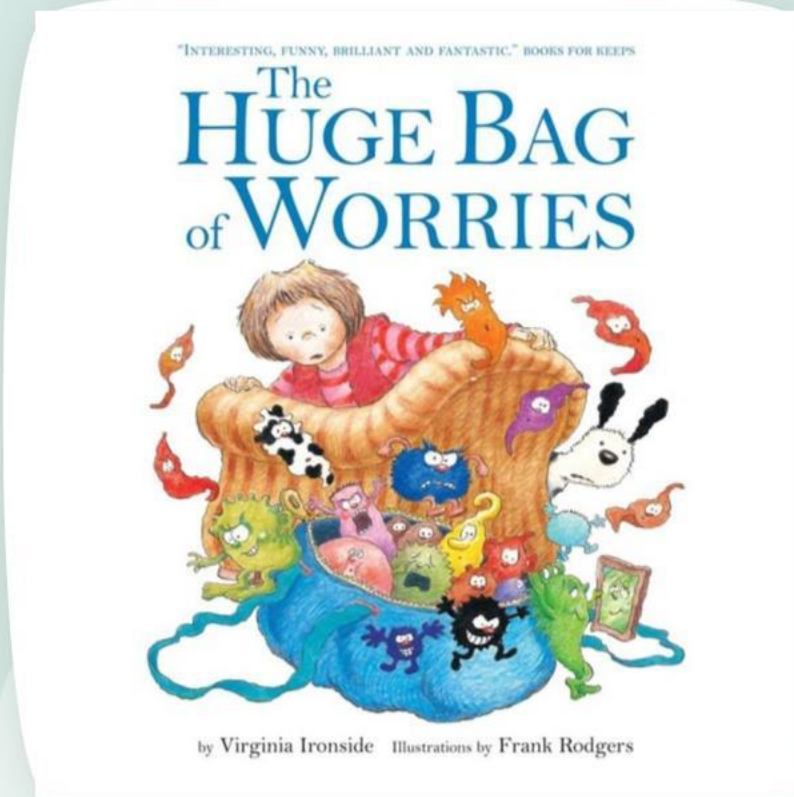


About the different types of teasing and what to do if someone is mean teasing you





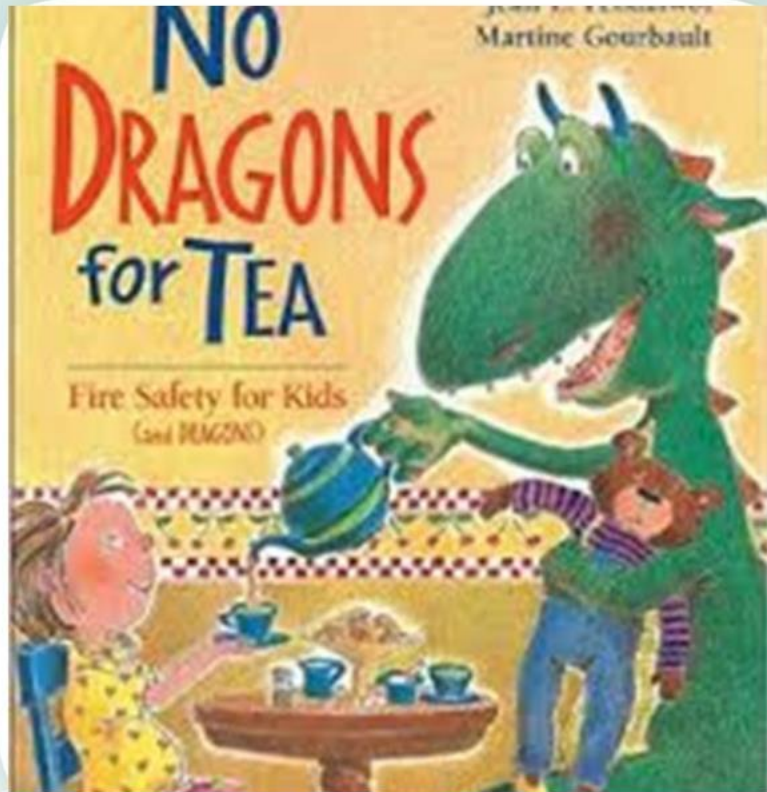
Age appropriate discussion about playing with others and when children can say no or not.



Understanding what worry feels like and that worries can be helped by talking to trusted people



The books



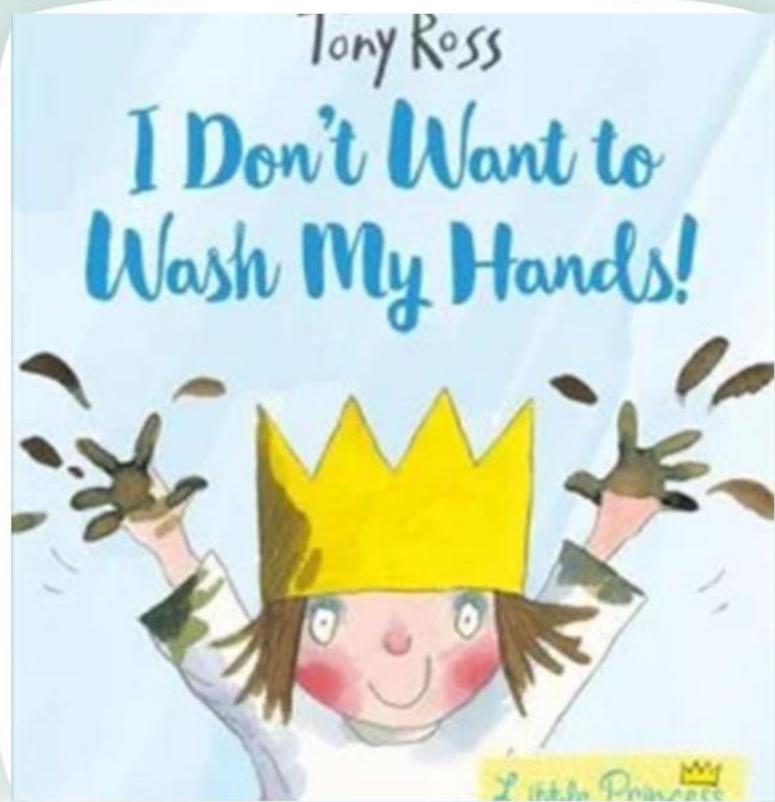
Looking at safety in the home, on the roads and other places such as canals

The books



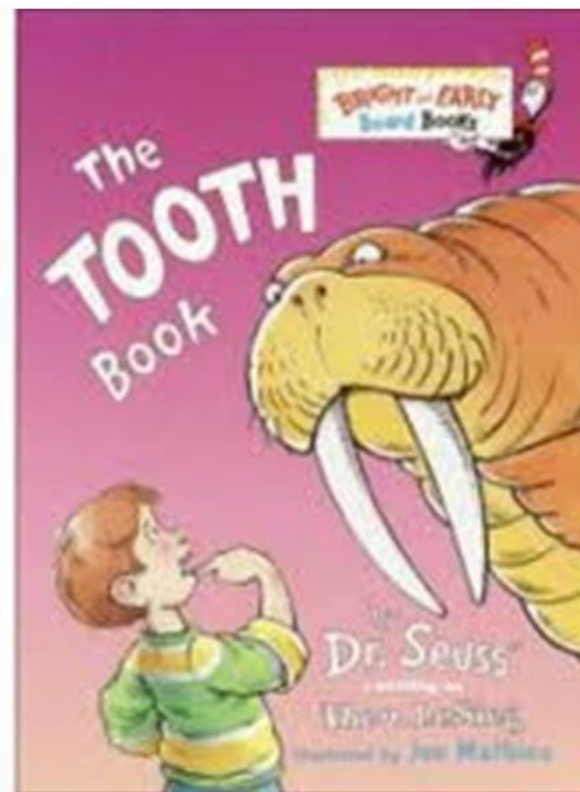
Know how to make an emergency call and what the emergency services do





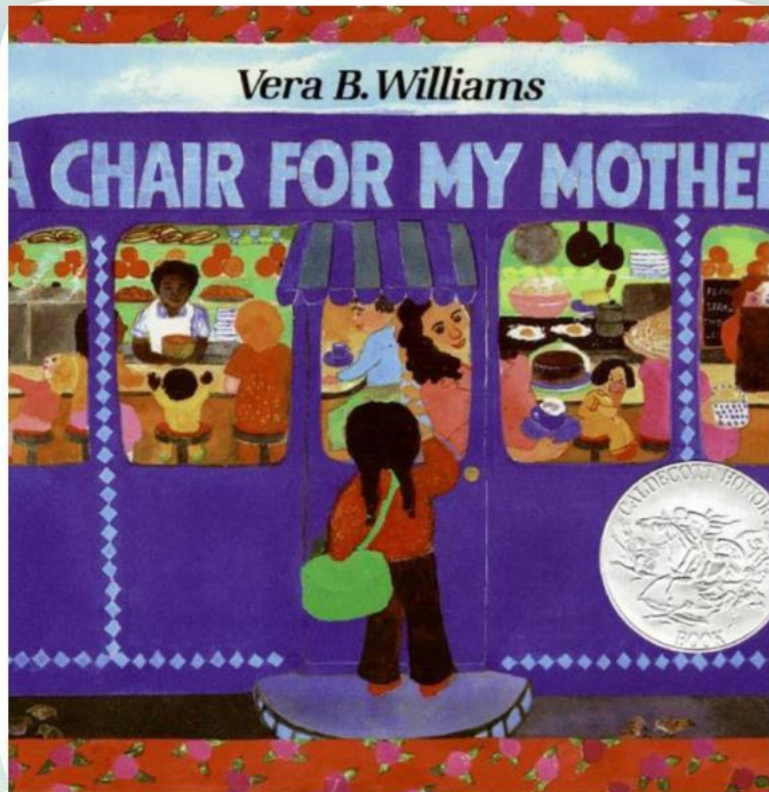
Understanding the need to wash our hands in order to keep ourselves from being ill

The books



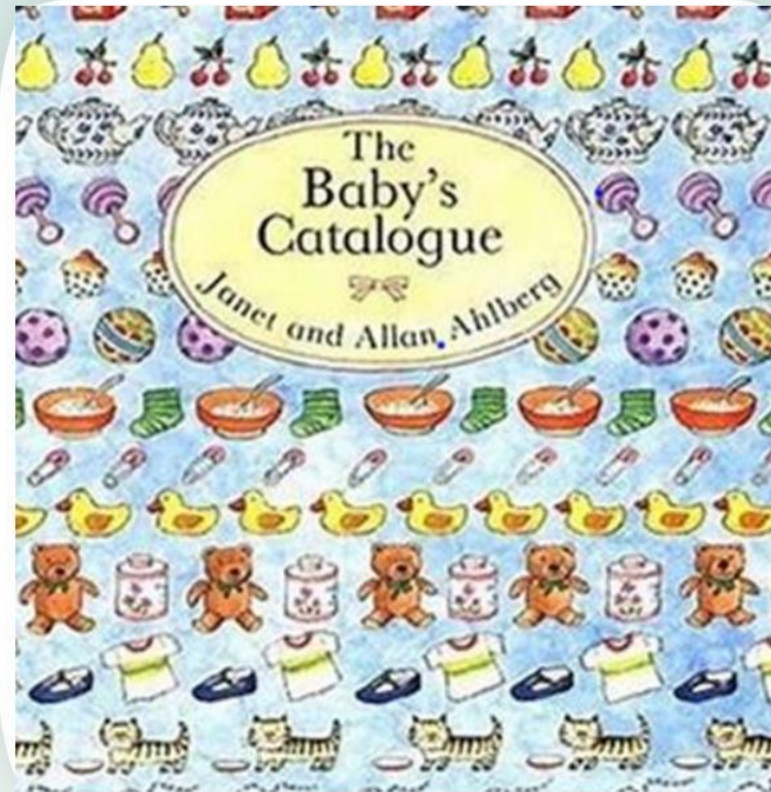
How to look after our teeth and why it's important





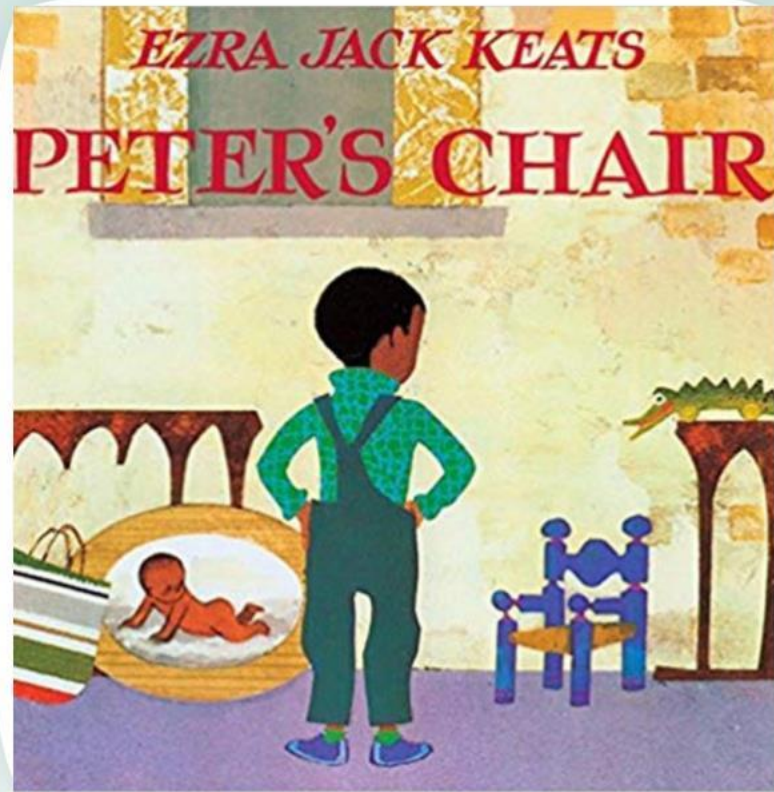
A starting point to money education talking about why people save money and how to do it

The books

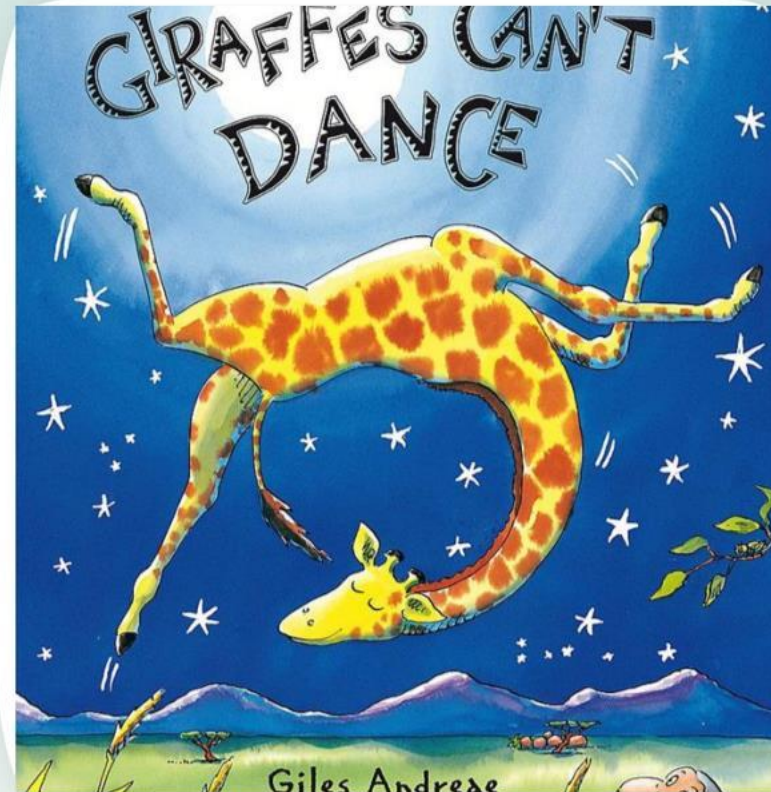


Looking at what babies need and how we look after them and care for them.





Looking at how children have grown up already and how to be an independent member of school



What to do if you aren't best at something. Looking at the feelings involved and how to treat others



The books